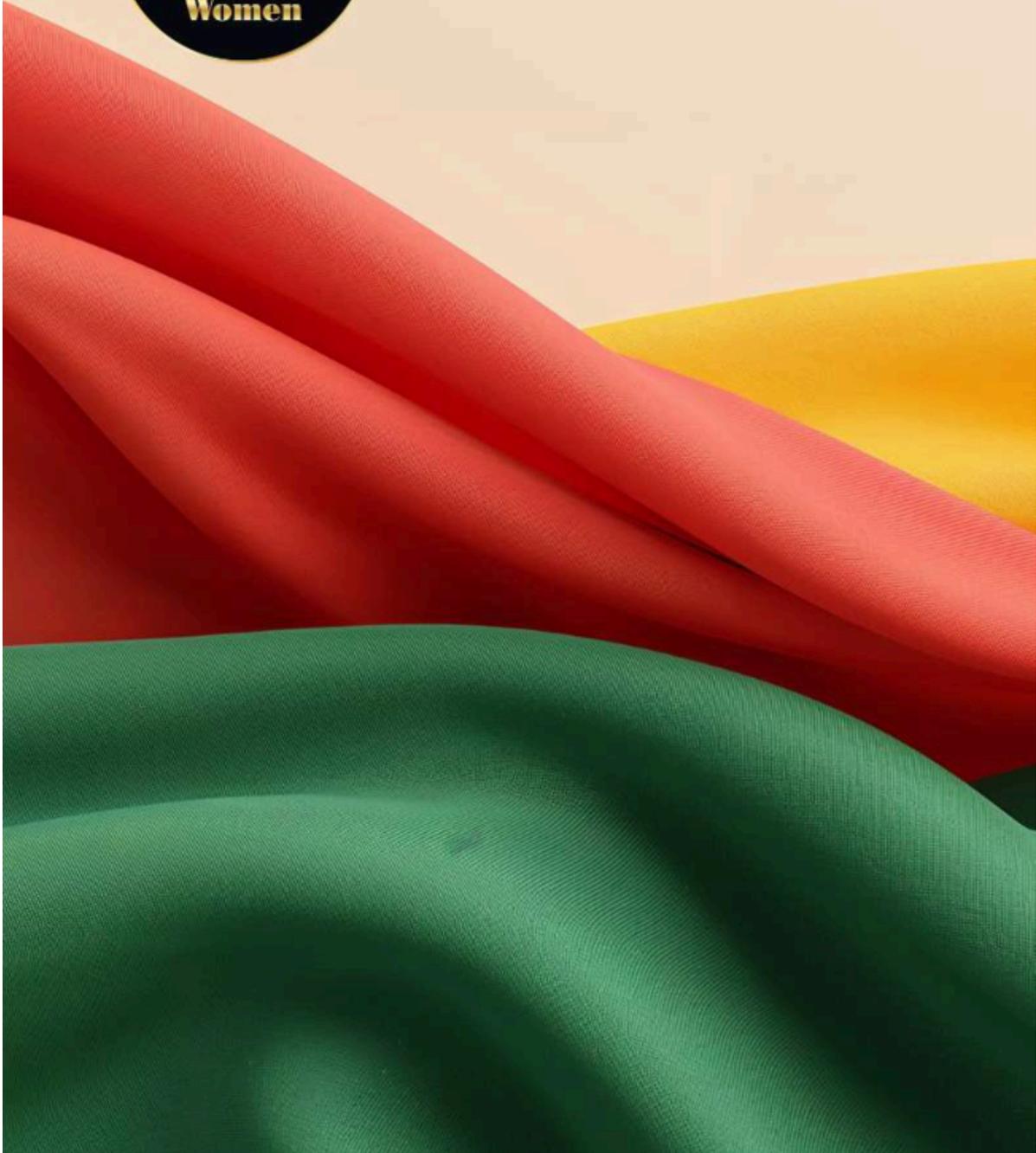

**100ABCWomen spotlights
and recognizes
Accomplished Black
Canadian Women. Please
check our website for more
information.
www.100ABCWomen.ca**

*Co-founders and co-authors - Hon. Dr. Jean
Augustine, Dauna Jones-Simmonds & Dr. Denise
O'Neil Green!*





February 2026 Newsletter



“

Quote of the Month

**Black History
is
Canadian History**

- Hon. Dr. Jean Augustine

”





The Hon. Dr. Jean Augustine is the first Black woman elected to Parliament, who introduced the motion that led to the federal recognition of February as Black History Month in the House of Commons in 1995



**Hon. Dr. Jean Augustine, Dr. Denise O'Neil Green
& Dauna Jones-Simmonds**
Co-founders and Co-authors – 100ABCWomen

CONGRATULATIONS!



Peel United Cultural Partners & Congress of
Black Women (Brampton Chapter)
Community Recognition

Adaoma Patterson-Gilling

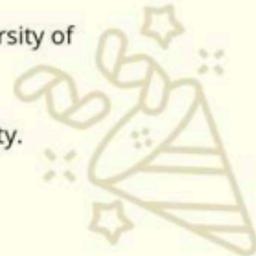
Adaoma Patterson was born and raised in Winnipeg. She spent six years in Jamaica, where she attended Vaz Prep. Adaoma has 30 years of progressive experience in the not-for-profit and public sectors and has served in several roles as a volunteer and employee.

Adaoma was the project manager for a research project that explores how the establishment of a Black led financial institution can impact economic empowerment and sustainable community development, and address systemic barriers for Black communities. Adaoma has served on several boards, including Tamarack Institute for Community Engagement, a national organization focused on community change and is the immediate **Past President of the Jamaican Canadian Association**. She currently serves on the Equity, Diversity, Inclusion & Communities Committee of the School of Medicine Planning Team at Toronto Metropolitan University. She also serves on the Stakeholder Advisory Committee for the Peel Black Health and Social Services Hub. Adaoma's work, advocacy, and mentorship of countless young people illustrate her passion for her community, her commitment to equity, and her efforts to increase representation of Black people in Peel and the Greater Toronto Area.

In 2022, Adaoma joined the **United Way Greater Toronto as Director of Community Services Investments**, responsible for ensuring their investments support a strong network of more than 300 social services agencies in the Greater Toronto Area. In her previous role as Manager, Poverty Reduction and Community Engagement in the Human Services Department at the Region of Peel, Adaoma led the implementation of a multi-year poverty reduction strategy and supported initiatives that increased community safety and well-being for residents in Brampton, Mississauga, and Caledon. With her extensive knowledge of the nonprofit sector, she has supported numerous strategic planning processes and worked collaboratively to identify public policies and implement programs that positively impact vulnerable residents.

In 2024, she completed a **Master of Arts in Leadership** from the University of Guelph's School of Business & Economics.

Adaoma has lived a life in service of others and uplifting her community.



CONGRATULATIONS!



Floydeen Charles-Fridal!



**Leadership
Award**

CONGRATULATIONS!



Dr. Itah Sadu now holds the Key to The City recognizing her lifelong contributions as an award-winning storyteller, author and cultural leader who has strengthened Toronto's Black community and enriched the city's broader literary and cultural landscape.



Congratulations to
**Dr. Donette
Chin-Loy Chang**

For being invested in
The Order of Canada





Dr. Rosemary Sadlier exemplifies this legacy of nation-building. She led the Ontario Black History Society for 22 years, following three years of volunteer service, marking a total of 25 years of dedicated contribution to the organization. She played a pivotal role in establishing Black History Month in Canada by laying the groundwork and advocating for its recognition at every level of government. Dr. Sadlier also advanced the formal commemoration of August 1 as Emancipation Day at the municipal, provincial, and federal levels, in collaboration with MP Majid Jowhari.

Her contributions have been recognized through honorary doctorates from OCAD University and the University of Toronto, and she is a bestselling author, most recently of *The Kids Book of Black History in Canada*.

Alliancé B. Uche Okugo, MBA
Dr. Muthana Zouri
Dan Herman, PhD,
Hon. Jean Augustine P.C., C.M., O.Ont., C.B.E.
Rosemary Sadlier OOnt - Champion of Black History Month

More details to come.

CONGRATULATIONS!

Congratulations to Lavinia Latham on receiving the Black Law Student Association of Canada's Alumni of the Year Award



**Congratulations
Dr. Claudette McGowan!**



2026 RECIPIENT

**The Order
of Ontario**

**Claudette
McGowan, CM, OOnt**

Founder & CEO, Protexxa

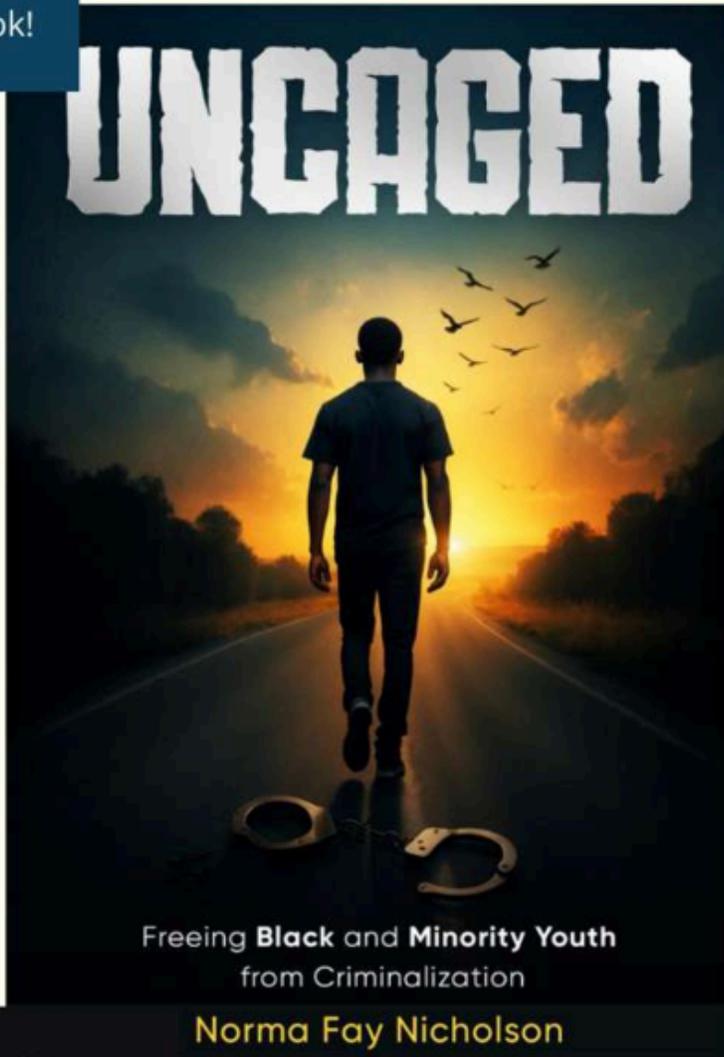


Congratulations to Angela Carter – OBHS Honouring her with the Reverend Abbie Aylestock Award for paving the way for others!



Norma
Nicholson's
Best Selling Book!

UNCAGED



Freeing **Black** and **Minority Youth**
from Criminalization

Norma Fay Nicholson

Hi Norma,

Many many congratulations 🎉 We did it!

Your book is now #1 in Amazon's global bestseller ranking. And the best part is it's #1 in all three amazing categories.

Ash's team had been on it since last night and our hard-work paid off! ❤️



Congratulations to
Abigail Hamilton



THE IBPOC ARTISTS' NETWORK TOUR
FROM WORDS TO ACTION 2025/26

COCO COLLECTIVE & SASHAR ZARIF DANCE THEATRE

THURSDAY, MARCH 26TH – 7:30 PM
CO-PRESENTED BY GUELPH DANCE AND IICSI

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UNIVERSITY OF GUELPH,
GUELPH, ON

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2026 100 ABC HONOUREES

Adaeze Opata Anu
 Alethia Cadore
 Amanda Hamer
 Andrea McCormack
 Angela Henry
 Anika Forde
 Anthonette Jacob
 Aquilas K Dapaah
 Antasha Jordan
 Dr. Barbara Hamilton-Hinch
 Barbara Ademolu
 Barbara Grace Porter
 Carline Zamar
 Carmella Goodridge
 Celestina Aleobua
 Cereise Ross
 Charline Grant
 Cheryl Lewis
 Christie Nelson
 Dr. Ciann Wilson
 Claudette Rutherford
 Dr. Cynthia Maxwell
 Dr. Danielle Brown-Shreves
 Dr. d'bi.young anitafrika
 Debbie Remekie-Maxey
 Dr. Deborah-Zita Somakoko
 Desiree T. Smith
 Dr. Dolana Mogadime
 Dolly Williams
 Dorin Adenekan
 Dwanita McLarty-Peele
 elle de Lyon
 Georgia Lindsay

Glacier Effi-Samuel
 Dr. Ifeatu Sandra Efu
 Dr. Ijeoma Uche-Ezeala
 Isis Ament
 Dr. Jacqueline Benn-John
 Jael Richardson
 Jaelle Kouatchou Kouadop
 Jerisha Grant-Hall
 Josephine Sindani
 June Kelly
 Dr. Kadaajah Johnson-Louis
 KAMELAHI Blair
 Karen Robinson-Scantlebury
 Keisha Assiwero
 Kelly De Fogain
 Khadidiatou Ndiaye
 Kimora Lee Harris-Taylor
 Lana Talbot
 Latoya Bellon
 Lillian Missy Searl
 Loreena Gabriel
 Lydia Gill Blackett
 Malika Yoh
 Marcia Banfield Smith
 Margaret Mubanda
 Mariat Jibril
 Marium Tolton-Murty
 Dr. Marilyn Morris
 Dr. Mary Louise McCarthy
 Mavis McLaren
 Melissa Alexander
 Micah Smith
 Michelle Penton

Michelle Green
 Dr. Mireille Ntambwe
 Dr. Modupe Tunde-Byass
 Mumbi Tindycbwa Otu
 Musu Kanu Taylor-Lewis
 Nailah Gordon-Decicio
 Natalie Bell
 Nekpen Obasogie
 Nicola Simpson
 Dr. Novlette Mitchell
 NyAshia Jordan Tafari
 Dr. Oluwanifemi Fagbobun
 Patricia Neely-McCurdy
 Patricia S. Brown
 Dr. Rhonda McEwen
 Robene Bouajram
 Sandy Thomas
 Dr. Shade Kolade
 Shelly Ann Skinner
 Simone Donaldson
 Sonia Ellis-Seguin
 Sophia Jacob
 Sophia Etuhube
 Stacia Steward
 Takara Small
 Tanesha Bloomfield
 Tania Clarke
 Tanya Walker
 Tanya Philippo-Stevens
 Tenisha Noel
 Dr. Tiffany Marie Gordon
 Tina Garnett
 Vera Mercier
 Vivian Odii

Vanguard Award Winner - Caroline Goodie Tshabalala Mogadime

CONGRATULATIONS!



2026 FIRESIDE CHATS - SEASON 5 - EPISODE #7

YOUTH LEADERSHIP & BLACK EXCELLENCE



MODERATOR
SYLVIA PARRIS

Young Black leaders share how they're reshaping community impact, education, advocacy, and culture – and strategies to cultivate the next generation of trailblazers.

 <p><small>PANELIST</small> DR. AFUA COOPER</p>	 <p><small>PANELIST</small> ALETHIA CADORE</p>	 <p><small>PANELIST</small> DR. SHADE KOLADE</p>
 <p><small>PANELIST</small> ADEBOLA ADEFOYE</p>	 <p><small>PANELIST</small> LOREENA GABRIEL</p>	 <p><small>PANELIST</small> KIMORA LEE HARRIS TAYLOR</p>

SUNDAY

MARCH 1ST 2026

3 to 4:30pm EST

LIVE STREAMED FROM OUR YOUTUBE CHANNEL

VIRTUAL & FREE REGISTRATION LINK
[HTTPS://SHORTURLAT/YI4OV](https://shorturl.at/yi4ov)

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[WWW.100ABCWOMEN.CA](http://www.100abcwomen.ca)



2026 FIRESIDE CHATS - SEASON 5 - EPISODE #8

BLACK WOMEN IN PUBLIC POLICY & GOVERNANCE

Insight into how Black women influence public policy, run for office, and lead change in municipal, provincial, and federal arenas.

JOIN US on **3 to 4:30pm EST**
SUNDAY MARCH 8TH 2026



MODERATOR
YVETTE BLACKBURN



PANELIST
BRITANNY
ANDREW-AMOFAH



PANELIST
KAYLA STEPHENSON



PANELIST
DR. KARINE
COEN-SANCHEZ

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100
Accomplished
Black Canadian
Women

2026 FIRESIDE CHATS - SEASON 5 - EPISODE #9

ENTREPRENEURSHIP IN A SHIFTING ECONOMY



MODERATOR
SARAH ONYANGO



PANELIST
LATOYA BELFON



PANELIST
DR. NIKKI CLARKE



PANELIST
JOSEPHINE SIDANI

Start-ups, scaling, funding, and navigating economic uncertainty. Black women founders discuss innovation, access to capital, and turning vision into viability.

JOIN US on
SUNDAY
MARCH 15TH 2026
3 to 4:30pm EST

VIRTUAL & FREE
REGISTRATION LINK

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2026 FIRESIDE CHATS - SEASON 5 - EPISODE #10

HEALTHCARE ACCESS & INNOVATION

JOIN US on
SUNDAY
MARCH 22ND 2026
3 to 4:30pm EST

Examine healthcare equity, culturally responsive care models, and community health innovation – with expert perspectives on policy, practice, and lived experience.



MODERATOR
NANCY SIMMS



PANELIST
ANGELA CARTER



PANELIST
ALETHIA CADORE



PANELIST
CARION FENN



LIVE STREAMED FROM OUR
YOUTUBE CHANNEL

**VIRTUAL & FREE
REGISTRATION LINK**

<https://shorturl.at/A1Ssp>

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FEEO



2026 FIRESIDE CHATS - SEASON 5 - EPISODE #11

CULTURAL LEGACY & BLACK HISTORY IN CANADA

A rich discussion on preserving and celebrating Black Canadian history — from grassroots archives to national recognition and education reform.

JOIN US on
SUNDAY
MARCH 29TH 2026
3 to 4:30pm EST



MODERATOR
SARAH ONYANGO



PANELIST
MARIE CLARKE-WALKER



PANELIST
DR. NIKKI CLARKE



PANELIST
LISA SKEETE



PANELIST
DR. DOLANA MOGADIME



PANELIST
SANDY THOMAS



PANELIST
DR. BARB HAMILTON-HINCH

**VIRTUAL & FREE
REGISTRATION LINK**

<https://shorturl.at/4xuEJ>

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When Systems Fail Black Women: *What Accountability Must Look Like Now*

As Black History Month draws to a close and International Women's Day approaches, we find ourselves at the intersection of these two observances. This moment compels us to ask: What is the precise impact of intersectionality on Black women in Canada, particularly within our Eurocentric society? This article will explore that very notion, especially within a political environment that has not been forgiving of the mere existence of Black women. As political and social currents shift across our society, it is normal for racialized and marginalized people to feel a sense of loss.

It is also normal to feel as if there is no hope, as if Equity, Diversity, and Inclusion (EDI) is officially dead. That, however, is not the case.

EDI is alive and kicking, and it is more incumbent on us today than it was yesterday to push forward and pursue the rights of all marginalized and racialized people who continue to experience discriminatory treatment.

Particularly during Black History Month, I would be remiss if I didn't speak to the awful circumstances surrounding Criminal Defence Lawyer, Sudine Riley, who was subjected to an egregious assault at the Oshawa courthouse, simply for working as a lawyer while being Black. I share this story not to sow the seeds of sadness and despair, but to highlight the reality of a system that remains broken, one that continues to disrespect and disregard the needs of Black women. To this day, Black women continue to be the least respected, and that is not acceptable.

In terms of solutions- as I never like to only paint a picture of an issue without offering solutions- here are some that come to mind as we close Black History Month and approach International Women's Day:

- 1. Push for Independent and Impartial Data Collection Projects.** Major organizations that have the ability to do so should absolutely be conducting data collection projects that speak to the lived realities of racialized people, particularly women. There should be a heightened urgency to convert the overwhelming anecdotal evidence of discrimination, especially that experienced by racialized women, into factual, documented evidence.

2. **Continue Corporate Training.** Yes, it is 2026 and corporate training budgets may have been slashed, but the need is now more urgent than ever. If budget is an issue within your organization, and you have influence or a voice at the executive leadership tables, now is the time to advocate for training, including the free corporate training resources that exist online. So many resources are available, particularly in this world of artificial intelligence.
3. **Take All Complaints Seriously.** Every single organization, no matter how big or small, needs a structured and defensible complaints process. This process must include an independent review and a workplace investigation in accordance with the employer's duty to investigate under Ontario employment legislation.
4. **Bring Back Focus Groups.** We need to bring back focus groups for organizations that have closed the door on Equity, Diversity, and Inclusion. These focus groups gave racialized and marginalized people the opportunity to have their voices heard, and those opportunities need to be reopened. If your organization is engaging in toxic workplace tactics that seek to silence those who are harmed the most, consider forming your own interest-based group outside of the workplace environment to discuss solutions or, at the very least, to offer a safe space for each other.
5. **Renew Interest in Book Clubs.** There needs to be a renewed interest in book clubs, particularly those that decipher and analyze issues related to marginalization, racialization, and discrimination. Having "courageous conversations," especially in the tough environments we find ourselves in now, will be all the more helpful for protecting the spaces we occupy in our particular corners of the world.

These collective actions can certainly make a change. Yes, it will be difficult. But meaningful change always brings challenge, and challenge is the pathway to progress. The time to act is now.

Lavinia Latham B.A.(Hons.), J.D.
Partner & Workplace Investigator
Employment Law, Corporate Training, Workplace Investigations

Alphonse Latham LLP
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Website: <http://www.alphonselaw.com>
LinkedIn: <https://linkedin.com/in/lavinialatham>

2026 JAN - JULY



Fireside Chats

Powerful conversations | Critical issues

Sundays from 3 until 4:30 pm EST

SEPT 18

SAVE
THE
DATES

Symposium

Friday September 18th

High Rate of Suicide Amongst Young Black Girls
Injustice for Black Lawyers

SEPT 19

Saturday, September 19 | 6pm until 10:30 pm EST.

Book Launch & Awards Ceremony

Celebrating excellence

Tickets Go on sale March 15, 2026



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