



100ABCWomen spotlights and recognizes Accomplished Black Canadian Women. Please check our website for more information. www.100ABCWomen.ca

**Founders and co-authors - Hon. Dr. Jean Augustine, Dauna Jones-Simmonds
& Dr. Denise O'Neil Green**

Honouring Our Legends

Celebrating our co-founder, Hon. Dr. Jean Augustine's 88th Birthday & Charity Fundraiser.

For tickets and info visit carribeantalesfestival.com



**September 6. 2025
7:30PM EST**



Quote of the Month

"Say, 'Tell Me More' before you dismiss an opportunity. You might be surprised at both where it could take you and your experiences"

Michèle Newton

August 2025

Black Women in Skilled Trades

100ABCWomen's Annual Symposium



October 3, 2025 @ 6PM EST

Tropicana Community Services

Learn more and register for our free event at
100ABCWomen.ca

Attend in person or virtually!

**WHO ARE THE NEXT
100 ABC WOMEN
HONOUREES?**

Nomination Deadline:

September 2, 2025

Go to 100abcwomen.ca to nominate your (S)Hero

SOCIAL MEDIA & THE WORKPLACE

In today's digital age, the line between personal and professional life has blurred, especially with the pervasive influence of the internet. For young people entering the workforce, understanding the lasting impact of their online presence is crucial as they take their first steps into the workforce. A seemingly harmless TikTok dance or prank could be viewed as unprofessional behavior by a potential employer, given that the information posted online lives there forever. With constant surveillance now a reality, how can today's youth navigate social media without jeopardizing their future careers and aspirations? Here are four key tips to ensure your online activities do not negatively impact your ability to secure a job:



1. Think Before You Post: The Permanence of the Internet

Before sharing anything on social media, ask yourself: Would I be comfortable with this living on the internet forever? Would I be okay with my parents, grandparents, or any respected adult seeing this? If the answer is no, it's a strong indication that you should reconsider posting that content. What you post today can significantly affect your job prospects tomorrow. Employers frequently review social media profiles before hiring, and inappropriate, offensive, or discriminatory content can damage your professional image and cost you an opportunity; sometimes before the opportunity even presents itself.

2. Privacy Settings Aren't Foolproof

Even if your social media accounts are set to private, remember that screenshots and shares can circulate beyond your control. Once something is online, it is essentially permanent. Do not rely on the perceived security of a private account; privacy breaches can occur, and a simple change of settings can make previously secured information widely accessible. The best advice for private social profiles is to treat them like public ones and refrain from posting anything you wouldn't want a future employer to see.

SOCIAL MEDIA & THE WORKPLACE

continued

3. Workplace Confidentiality Matters

Sharing details about clients, workplace disputes, or internal investigations online can breach confidentiality agreements, leading to disciplinary action or even termination. Information obtained within a workplace must remain within that environment. While discussing workplace experiences on social media platforms like TikTok, YouTube, and Instagram has become a trend, there's a significant risk of sharing confidential information.

The best advice is to refrain from sharing any information obtained within the workplace on social media, especially if you are unsure whether it is confidential to your employer.

4. Respectful Posting is Key

Posts that cross the line into harassment, discrimination, or bullying, even if made outside of work hours, can be considered misconduct and may be investigated by your employer. Always err on the side of respectful commentary when posting on social media, avoiding any content that could be construed as harassment, discrimination, or bullying. Even comments made outside of work hours that live on social media can lead to potential claims that harm your employment. The best advice for youth is to refrain from speaking about other employees and to avoid engaging in any hurtful commentary about individuals who work in the workplace. This can prevent potential liability and lost opportunities for future employment in conclusion, think before you hit "post". Always ask yourself: Would I be comfortable if people outside my following saw this post? If the answer is no, it's probably best left unpublished. Your online actions today can have a profound impact on your professional journey tomorrow, so always think twice before you decide to hit "post".



Lavinia Latham

Save The Date

A-Supreme Presents
A New Era of Care Award Gala

Your support will make a significant
difference in the lives of the Seniors
and Youths we serve!

SAT	SEP 27	2025
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TICKETS:

\$100 Before August 1/25 / \$110 After

CONTACT:

Mr. Sam McKay - 905-330-6880

Mr. Henderson Ifill - 647-893-6315

Paradise Banquet Hall, 7601 Jane Street,
Vaughan, Ontario

Ontario Power Generation - Empowerment Grant

What you get: Up to \$100,000 to support groups making social or environmental change in Ontario.

Who can apply: Ontario non-profits or charities helping their communities.

Deadline: November 15, 2025



Contact: hrsc@opg.com



2nd Annual Golden Horseshoe Diversity Award & Luncheon

October 29, 2025

11AM - 2PM EST

Carmen's Banquet Centre

Nomination Deadline

October 3, 2025

For more award and nomination info go to
<https://form.jotform.com/242106462441245>

**The Experiences of Black
Canadians Living with
Dementia and Their Care
Partners in Providing Care**

Virtually listen and learn
from Dr. Ingrid Waldron on
Tuesday, September 23rd
from 1:30-2:30PM AST



Zoom Registration: <https://lnkd.in/gVWRsRym>



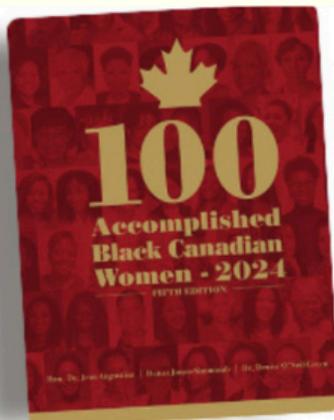
**Fireside Chat is
Coming Back!**

Get ready for powerful
conversations, fresh
insights, and inspiring
voices you won't want
to miss. Stay tuned –
details coming soon!

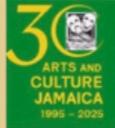
U of T Honours Jean Augustine: A Legacy of Leadership and Lasting Change

University of Toronto has awarded Honourable Jean Augustine (BA '73, MEd '80) the 2025 Rose Wolfe Distinguished Alumni Award for her groundbreaking contributions as an educator, community leader, and the first Black history woman elected to Canada's House of Commons.

A lifelong champion of equity and empowerment, Augustine's legacy—from establishing Black History Month in Canada to founding the Jean Augustine Centre—continues to inspire transformative change



100 Accomplished Black Canadian Women isn't just a book – it's a front-row seat to stories that move the country forward. Bold voices, game-changers, and visionaries, all in one volume. Get your copy and step into a legacy in motion



Arts & Culture Jamaica Inc.

under the distinguished patronage of
Mr. Kurt Davis, Consul General
for Jamaica at Toronto

proudly presents

BOOK AND ART SHOWCASE

Voices from the Jamaican Diaspora

Saturday, September 20, 2025
Toronto Botanical Garden
777 Lawrence Ave. East, Toronto
11am - 5pm

Featured Authors

Rachel Manley
Mary Anne Chambers
Lillian Allen
Tania Hernandez
Mary Lou Soutar-Hynes
Cynthia Reyes
Lauren Reyes-Grange
Bernadette Gabay Dyer
Rhiannon Dyer
David McAdam
George Montague
Noel Bennett
Peta-Gaye Nash
Olive Rose Steele
Nadia Hohn
Bette Grant-Otunla
Rose Spencer-Gibbs
Paula de Ronde

Featured Artists

Philemon Campbell
Quentin VerCetty
Naima Edwards-Lavoie
Linda Gayle
Lisa Sasso
Sydonnae Simon

Accessible by
TTC Bus 54 or 51
Parking is
available for
\$4/hr





It is with profound sadness that we mourn the passing of Lillie Johnson. 100ABCWomen extends heartfelt condolences to her family as we honour the life of such an extraordinary and giving individual.

Lillie was a proud recipient of the 100 Accomplished Black Canadian Women award, and her legacy of service, leadership, and compassion will continue to inspire us all.

Rest in peace, Lillie.



Thank You For Your Support!



**TD READY
COMMITMENT**

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