

Episode #	Topic	Short Description/Teaser	Webinar Registration Link	3:00 to 4:30 pm EST (includes Q&A's)	Panelists
13	Minding My Financial Business	Building your monthly budget so that you don't have to live 'pay cheque to pay cheque'	<a href="https://us02web.zoom.us/webinar/register/WN_OI-iTytSIK6yWzd_zEKw">https://us02web.zoom.us/webinar/register/WN_OI-iTytSIK6yWzd_zEKw</a>	Sunday, January 22, 2023	Carol Commissiong Dr. Caroline Cole Power
<b>NO FIRESIDE CHAT TODAY</b>				Sunday, January 29, 2023	
14	Human Rights is A Woman's Rights' says Hillary Clinton	Do you recognize when your human rights are being violated?	<a href="https://us02web.zoom.us/webinar/register/WN_ajGZVY9S2eYeSdydJTa8Q">https://us02web.zoom.us/webinar/register/WN_ajGZVY9S2eYeSdydJTa8Q</a>	Sunday, February 5, 2023	Colleen Russell Rawlins Marie Clarke Walker Rochelle Ivri Esther Enyolu
15	Black History Month Conversations	Black artists share their talent and history.	<a href="https://us02web.zoom.us/webinar/register/WN_VOIADQIITNozoe3pSdt0Fw">https://us02web.zoom.us/webinar/register/WN_VOIADQIITNozoe3pSdt0Fw</a>	Sunday, February 12, 2023	Rachel Decoste Elise Harding-Davis Coco "Cognac" Brown Fanny Christelle Mekoh
16	Conversations with Historic Figures	Interviews with Historic figures and where are they now?	<a href="https://us02web.zoom.us/webinar/register/WN_3rCs9LqVRAagweHytu_LRQ">https://us02web.zoom.us/webinar/register/WN_3rCs9LqVRAagweHytu_LRQ</a>	Sunday, February 19, 2023	Hon. Dr. Jean Augustine Irene Moore Davis Michelle Jacques Dr. Wanda Thomas Bernard
17	Diversity, Equity, Belonging & Inclusion "I feel Excluded"	What are organizations doing to ensure employees feel included especially when many have opted to work from home? How do we create an inclusive workplace?	<a href="https://us02web.zoom.us/webinar/register/WN_kP0cwjF0Tde27tk1Jp1CQ">https://us02web.zoom.us/webinar/register/WN_kP0cwjF0Tde27tk1Jp1CQ</a>	Sunday, February 26, 2023	Sherry Sweeney (TD) Rachel Decoste Dr. Krissy Doyle-Thomas Michele James
18	International Women's Day "Black Women in the Workplace and Allyship"	Understanding the systemic barriers faced by Black Women in the Workplace. How allyship and inclusive leadership can support their professional journey.	<a href="https://us02web.zoom.us/webinar/register/WN_01IMWwv_Rgm5RXOLHhYIEg">https://us02web.zoom.us/webinar/register/WN_01IMWwv_Rgm5RXOLHhYIEg</a>	Sunday, March 5, 2023	Jenny Okonkwo
19	Has the Media Changed?	A Look back at how the media has evolved.	<a href="https://us02web.zoom.us/webinar/register/WN_MrRj3LAHQ_2C05FIISyOqQ">https://us02web.zoom.us/webinar/register/WN_MrRj3LAHQ_2C05FIISyOqQ</a>	Sunday, March 12, 2023	Rachel Decoste Sharon Hinds Shelley Jarrett
20	Dealing with Family Crises	When a family crisis arises, how do you maintain good mental health while keeping the family together?	<a href="https://us02web.zoom.us/webinar/register/WN_oT1v4__HQemqj4yiktULQ">https://us02web.zoom.us/webinar/register/WN_oT1v4__HQemqj4yiktULQ</a>	Sunday, March 19, 2023	Pastor Wright Grosvenor Andree Nicole Vernon Dr. Roberta Green Timothy
21	Decluttering – Who Will Take Care of All this Stuff I've Accumulated?	A Declutter expert shares her expertise with being bogged down with too much stuff.	<a href="https://us02web.zoom.us/webinar/register/WN_fGMR0DZRTQ6fACz2GrMhIA">https://us02web.zoom.us/webinar/register/WN_fGMR0DZRTQ6fACz2GrMhIA</a>	Sunday, March 26, 2023	Rose Nixon
22	Rebuilding my Business After COVID-19	Many have lost their businesses as a results of the on and off 'lock downs' during COVID. How do you build back?	<a href="https://us02web.zoom.us/webinar/register/WN_4TPmymq-RH6eWnXD2aqaqQ">https://us02web.zoom.us/webinar/register/WN_4TPmymq-RH6eWnXD2aqaqQ</a>	Sunday, April 2, 2023	Chioma Ifeanyi-Okoro Dominique Dennerly Mary Ogunyemi, MBA
23	Diversity, Equity, Belonging & Inclusion "I feel Excluded"	Part 2 of the Diversity, Equity & Inclusion Conversation	<a href="https://us02web.zoom.us/webinar/register/WN_Y5ly8OTSRH2Rkqh58BvrAQ">https://us02web.zoom.us/webinar/register/WN_Y5ly8OTSRH2Rkqh58BvrAQ</a>	Sunday, April 16, 2023	Marie Clarke-Walker Elise Harding-Davis Kathy McDonald Sioban Calderbank Fanny Mehok Esther Enyolu
24	Mothers in the Workforce	Parenting and juggling the demands of career mobility.	<a href="https://us02web.zoom.us/webinar/register/WN_ZPa4Y9GIQU6gG2hf0yMbw">https://us02web.zoom.us/webinar/register/WN_ZPa4Y9GIQU6gG2hf0yMbw</a>	Sunday, April 23, 2023	Oyin Isaac Rose Nixon Siobhan Calderbank Fanny Mekoh Rochelle Ivri
25	Women in Politics / Diplomats	Women who ventured into public office share their experiences.	<a href="https://us02web.zoom.us/webinar/register/WN_NPflnSxHRLirTuzvNX1paQ">https://us02web.zoom.us/webinar/register/WN_NPflnSxHRLirTuzvNX1paQ</a>	Sunday, April 30, 2023	Cynthia Mufandaedza Akosua Tiwaah Bonsu Kathy Mcdonald

26	Women in Trade	There's a shift in the trade - women are successfully taking on non-traditional roles in the trade.	<a href="https://us02web.zoom.us/webinar/register/WN_zSnunspmTPes1SgFtxZ6uQ">https://us02web.zoom.us/webinar/register/WN_zSnunspmTPes1SgFtxZ6uQ</a>	Sunday, May 7, 2023	Potential Panelists: Andria Babbington Audrey Campbell Yolanda McLean Marcia Smellie Lisa Skeete Jan Simpson Theresa Nyabeze Carol Mudlav
27	Taking care of my Personal Health	An ounce of Prevention is better than a Pound of cure.	<a href="https://us02web.zoom.us/webinar/register/WN_GtsP8F71Q5iVhJgQzaYK9w">https://us02web.zoom.us/webinar/register/WN_GtsP8F71Q5iVhJgQzaYK9w</a>	Sunday, May 14, 2023	Dr. Cranla Warren Dr. Krissy Doyle-Thomas Lanre Tunji-Ajayi Akosua Bonsu Andree Nicole Vernon Elise Harding-Davis
28	Beauty is my Business	Cosmetics, skin care - what you need to know about the products?	<a href="https://us02web.zoom.us/webinar/register/WN_04ndt2mNS-WynqRU8rBQ6w">https://us02web.zoom.us/webinar/register/WN_04ndt2mNS-WynqRU8rBQ6w</a>	Sunday, May 21, 2023	Lanre Tunji-Ajayi Jessica Carter
29	Vacation Planning	Vacation planners provide helpful hints to save costs and disappointments.	<a href="https://us02web.zoom.us/webinar/register/WN_fp00ljehSva2M1Q68wroaQ">https://us02web.zoom.us/webinar/register/WN_fp00ljehSva2M1Q68wroaQ</a>	Sunday, May 28, 2023	Oyin Isaac Jackie Bishop Martin Joan Pierre
30	Aches & Pains – where did they come from?	Learning how to manage aches and pains as you mature.	<a href="https://us02web.zoom.us/webinar/register/WN_vAKUpeGQs2GfUqSY3Z5SSQ">https://us02web.zoom.us/webinar/register/WN_vAKUpeGQs2GfUqSY3Z5SSQ</a>	Sunday, June 4, 2023	Esther Enyolu Dr. Roz Roach Dr. Leisha Strachan
31	Benefits of a Hobby	What is a hobby? Helpful hints on selecting the best hobby for you.	<a href="https://us02web.zoom.us/webinar/register/WN_Cn1wKdrfRjQ4kaoMh0isNg">https://us02web.zoom.us/webinar/register/WN_Cn1wKdrfRjQ4kaoMh0isNg</a>	Sunday, June 11, 2023	Akosua Bonsu
32	Eating Healthy – New Healthy Beginnings	Wellness experts share 'eating healthy' advice.	<a href="https://us02web.zoom.us/webinar/register/WN_1_SOhBu_SRuFhCzwiqiHQg">https://us02web.zoom.us/webinar/register/WN_1_SOhBu_SRuFhCzwiqiHQg</a>	Sunday, June 18, 2023	Esther Enyolu Dr. Roz Roach Cheryl Kerr
33	Living with Diabetes, Obesity & Hypertension	Health experts share advice on controlling health issues that are prevalent within Black Communities.	<a href="https://us02web.zoom.us/webinar/register/WN_ucDGcHkvTBGu8_dA_XqBCg">https://us02web.zoom.us/webinar/register/WN_ucDGcHkvTBGu8_dA_XqBCg</a>	Sunday, June 25, 2023	Dr. Anna Jarvis Dr. June James
34	Volunteerism - how to engage in meaningful ways		<a href="https://us02web.zoom.us/webinar/register/WN_mD382gWjTxaWO4F0VxwSQ">https://us02web.zoom.us/webinar/register/WN_mD382gWjTxaWO4F0VxwSQ</a>	Sunday, July 2, 2023	Cynthia Mufandaedza Lanre Tunji-Ajayi Nadia Thompson Michelle James Kamala Jean Gopie Elise Harding-Davis Dr. Charis Newton-Thompson Rochelle Ivri