



CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE
& DAUNA JONES-SIMMONDS (LEFT TO RIGHT)



100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

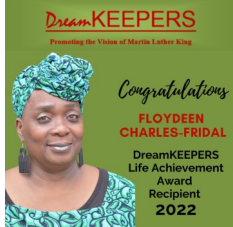
#1

January 2022

You did it!
Congratulations



**Event Planner—Joan Pierre—
takes on a New Position—
Executive Office Manager at
Amnesty Canada**



**Floydeen Charles-Fridal
Huggins—Martin Luther King
Dream Keeper Award 2022
Recipient**



**Dr. Roberta Timothy, Assis-
tant Professor at University
of Toronto's Dalla Lana
School of Public Health - A
2022 Doris Anderson Award
Recipient**

In This Issue

2024 Nominations are open—click
here to nominate an accomplished
Black Canadian Woman: [https://
www.100abcwomen.ca/nomination-form-2024/](https://www.100abcwomen.ca/nomination-form-2024/)

- ⇒ Congrats to Joan Pierre, Floydeen Charles-Fridal Huggins & Dr. Roberta Timothy
- ⇒ Buy your 100 Accomplished Black Canadian Women book today! Get Ready for Black History Month
- ⇒ **2024 Nominations are Open!**
- ⇒ Quote of the month—**Stacey Clarke**
- ⇒ Minding our Business—A Focus on Black Women Who Fought for the recognition of Black History Month in Canada
- ⇒ Join our February 2022 Black History Month Fireside Chats and Inspirational Conversations On Saturdays @ 3 pm EST sponsored by BIPOC Executive Search Inc!
- ⇒ Just Good Old Fashion Cooking—Delicious!!! Johnny Cakes —Anonymous
- ⇒ Posthumously Speaking—The Rest of Her-Story
- ⇒ Upcoming Events
- ⇒ Advertise with Us
- ⇒ How to Contact Us
- ⇒ DYLOTT—"Straight Talk"



100 Accomplished Black Canadian Women — 2020

WAYS TO GET YOUR BOOK NOW:

- ⇒ A Different Booklist— 779 Bathurst St., Toronto, Ontario
- ⇒ www.Amazon.ca
<https://www.100abcwomen.ca/how-to-get-your-book/>

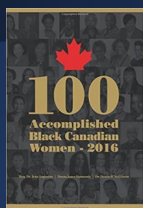
Quote of the Month:

"Remember always that your experiences will shape you but do not allow them to define you."

Stacey Clarke

Will you buy your Book Today?

(Note – These books are available in English only)



Can\$20



Can\$35



Can\$25 for Black History Month



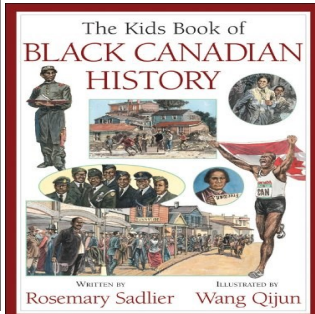
Go to
www.100abcwomen.ca
or Amazon.ca

<https://www.100abcwomen.ca/product/100-accomplished-black-canadian-women-2020/>

**100 ABC Women Minds Its Own Business—
A Focus on Women Who Fought for
Black History Month**



During her time as MP, the Honourable Dr. Jean Augustine introduced the motion that allowed for the placement of the Famous Five statues on Parliament Hill as well as the motion that led to the creation of Black History Month in Canada, which was officially recognized in December 1995 by the House of Commons.



Rosemary Sadlier was the President of the Ontario Black History Society (OBHS) from 1993 to 2015. As president, she contributed to the recognition of Black history through education, research and outreach programs.

Contact Us—Check out our website for more information:
www.100ABCWomen.ca

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V | Email address: 100abcwomen@gmail.com

Posthumously Speaking - The Rest of HerStory



She was born on July 6, 1914, and was one of ten children of James and Gwendolyn Davis, who were active in the Black community in Halifax, Nova Scotia, despite the fact that her mother was white and her father was black. Growing up she noted the absence of professional hair and skin-care prod-

ucts for Black women and set her sights on addressing the need. Being of African descent, she was not allowed to train to become a beautician in Halifax, so she left and received beautician training in Montreal, Atlantic City and New York. Upon completion, she returned to Halifax to start her own hair salon.

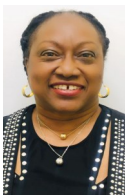
She was a Canadian businesswoman who challenged racial segregation at a cinema in New Glasgow, Nova Scotia in 1946. She refused to leave a whites-only area of the Roseland Theatre and was convicted of a minor tax violation for the one-cent tax difference between the seat she had paid for and the seat she used which was more expensive. Her case was one of the most publicized incidents of racial discrimination in Canadian history and helped start the modern civil rights movement in Canada.

After her trial, she and Jack divorced and eventually closed her business and moved to Montreal where she enrolled in a business college. She eventually settled in New York, U.S.A., where she died on February 7, 1965, at the age of 50. She was buried at Camp Hill Cemetery in Halifax, Nova Scotia.

**And now you know the Rest of HerStory—
Viola Desmond.**



Editor: **Dauna Jones-Simmonds**, Co-Author |
Co-Founder | The Architect of 100 ABC Women Project





**NEWS
FLASH!**

2022—4th Book

**Launch & Gala will be held on Saturday,
September 17, 2022!**

Virtual Symposium—Saturday, September

24, 2022

**100 ABC Women Fireside Chats—
Sponsored By:**



100 Accomplished Black Canadian Women, founded by

**Co-Authors Hon. Dr. Jean Augustine, Dauna Jones-Simmonds & Dr. Denise O'Neil
Green, is a not-for-profit fledgling organization, whose mission is to spotlight,
celebrate and archive the professional accomplishments of trailblazing Black
women from all across Canada. The goal is to create an ever-expanding database
available to current and future generations.**

Our Fireside Chats “*Inspirational Conversations*” is intended to educate and uplift our
communities, with positive and actionable messages that would inspire our current
and future generation, educate our communities and continually support each
other. Today, we need each other more than ever. These recorded videos will be
archived on the 100ABCWomen YouTube Channel – available to schools,
organizations and everyone interested in learning about or connecting with
Accomplished Black Canadian Women.

Upcoming Events Calendar

**Fireside Chats with 100 ABC
Honourees every Saturday @
3pm EST**

Register

<https://www.100abcwomen.ca/>

**2024 Nominations are Now
Open**

[https://www.100abcwomen.ca/
nomination-form-2024/](https://www.100abcwomen.ca/nomination-form-2024/)

**We encourage our friends and
supporters to follow/share/like/
comment on our posts across
our social media platforms.**

Like and follow us on:

Facebook: 100ABC Women
[www.facebook.com/100
abcwomen](http://www.facebook.com/100abcwomen)

Instagram: @100_abcwomen
[www.instagram.com/100_abcw
omen](http://www.instagram.com/100_abcwomen)

Twitter: @100abcwomen
www.twitter.com/100abcwomen

**Subscribe to our YouTube
Channel**

**100 Accomplished Black Ca-
nadian Women**

Upcoming Fireside Chats!! Join us On Saturdays @ 3 pm EST via our YouTube Channel – 100 Accomplished Black Canadian Women

Episode #28 – Black Canadian History



February 4, 2022



Educational Series

Historians speak to history of those who came before us

Moderator – Sarah Onyango – Radio & TV Host

Panelists

- Kathy Grant – Black Historian
- Carolyn Wilson – Curator
- Linda McMurdy – Lawyer & Former Athlete



Episode #29 – Fighting Anti-Racism



February 11, 2022



Educational Series

Discuss the work that is being done to protect our youth against racism

Moderator – Ginelle Skerritt – Community Advocate

Panelists

- Valarie Steele - Advocate
- Aina-Nia Ayo'dele - Advocate



Episode #30 – Diversity, Equity & Inclusion



February 18, 2022



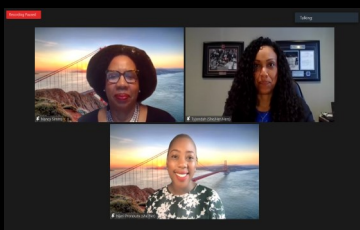
Educational Series

Is discrimination alive and well?

Moderator – Nancy Simms - Diversity, Equity & Inclusion Expert

Panelists

- Njeri Damali Sojourner-Campbell – Lawyer
- Tyjonda Kerr – Diversity Advocate



Episode #31 – Beauty is in the Eyes of the Beholder



February 25, 2022



Educational Series

Women in the Beauty field share their beauty tips

Moderator – Kares Clarke-Glasgow

Panelists

- Lanre Tunji Ajayi – Beauty Expert
- Janet Campbell – Beauty Expert
- Brenda Williams – Beauty Expert



Johnny Cakes

Ingredients

- 1/2 (2 cups) flour
- 1 oz (2 Tbsp) shortening
- 1 Tsp salt
- 2 Tsp sugar
- 2 Tsp baking powder or 1 tsp bi-carbonate of soda



Instructions

Sift flour, salt and baking powder together.

Add the shortening and using finger tips or a fork, mix thoroughly until it resembles bread-crumbs. Dissolve the sugar in one-third cup of water and use this to mix the flour to a soft dough. Knead lightly, cut into pieces the size of a small egg and roll into balls. Flatten balls to 1/2 inch thick and fry in smoking hot oil until golden brown.

Anonymous

**Quick and easy to prepare!
—Delicious Good old fashion
Cooking!!**



Norma Wilson

dylott⁺ PRESENTS:

STRAIGHT TALK, NO CHASERS: ECONOMIC JUSTICE FOR BLACK WOMEN-LED NONPROFITS IN AND BEYOND THE DECADE FOR PEOPLE OF AFRICAN DESCENT

**FEB 9TH,
2022**

11 AM – 1PM
Event Location:
Zoom

MODERATOR



Tanya Hayles
(Founder of Black
Moms Connection)

PANELISTS



Candies Kotchapaw
(Founder and Executive
Director of DYLOTT)



Irene Duah-Kessie
(Founder of Rise in STEM)

Event Sponsor:  **Mercer**

Registration link is: <https://www.eventbrite.ca/e/straight-talk-no-chasers-economic-justice-for-black-women-led-nonprofits-tickets-247930846837>



For black history month - join the Sudbury Afro Heritage Association as we have a conversation with some community leaders. Please register via the following Eventbrite link - Folks please promote

<https://www.eventbrite.com/e/black-history-month-a-conversation-between-ladies-and-friends-tickets-258572757077>

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making in their respective communities.