

**REGISTRATION - 100 ABC WOMEN - FIRESIDE CHATS INSPIRATIONAL CONVERSATIONS RELEASE
SCHEDULE
JULY 17, 2021 TO MARCH 12, 2022**

Episode #	Episode Name / Label	Conversation Description	Category	Release Dates @ 3 pm to 4 pm	Moderator	Panelists
1	Kick Off - The Making of 100 ABC Women	Co-authors discuss how 100 ABC Women was formed, the benefits of the database and how individuals can become an Honouree through the nomination process.	History	Saturday, 17 July 2021	Alyson Renaldo	Hon. Dr. Jean Augustine, Former MP Dauna Jones-Simmonds, Corporate Diversity Executive Dr. Denise O'Neil Green, Vice President, Equity and Community Inclusion at Ryerson University
2	Former Athletes Speak	Former Athletes speak about their experiences	Sports	Saturday, 24 July 2021	Jennifer Singh	Yvette Blackburn
3	Developing Parenting Skills	What can we learn from the experts and experience of developing parental skills? Is this a natural instinct?	Education	Saturday, 31 July 2021	Sarah Onyango	Mabinti Dennis
4	Being a Black Artist in Canada	Inspiring Artists share their work	Artists	Saturday, 7 August 2021	Charmaine Headley	Mosa McNeilly Wendy Jones Yvonne Francis
5	The World of Entertainment	Entertainment	Entertainment	Saturday, 14 August 2021	Ebonnie Rowe	Collette "Coco" Murray Belinda Brady
6	The Professors	Black University Educators share their work at their respective universities	Education	Saturday, 21 August 2021	Dr. Denise O'Neil Green	Dr. Juliet Daniel Dr. Ruth Rodney Dr. Malinda Smith
7	Media Works - You can't live without us	Black Women in the media world share their experiences and sometimes challenges	Media	Saturday, 28 August 2021	Sarah Onyango	Patricia Mawa Sharon Hinds Michèle Newton Fennella Bruce
8	Entertainment/Creative Arts	Black Artists share their creative work from painting to their creative work in the theatre	Entertainment	Saturday, 4 September 2021	Amah Harris	Emerita Emerencia Letna Allen-Rowe Liberty Silver Nadia Hohn
9	Mental Health Matters within the Black Community	The challenges of Mental Health within the Black Community - from taking care of the family to taking care of business	Healthcare	Saturday, 11 September 2021	Dr. Karline Wilson-Mitchell	Nicole Waldron Pauline Christian Kecia Peters
10	Building a strong Strategy for your Business	Discussions on how the business strategy was built and can be sustainable	Business Strategy	Saturday, 25 September 2021	Dr. Delores Mullings	Statchen Frederick Surranna Sandy
11	Entrepreneurship - Owning A Business	Black women share how they built their business	Entrepreneurship	Saturday, 2 October 2021	Princess Alexander	Esther Enyolu Kamshuka Barrocks Stacey Ann Berry

12	It's All About Engineering	Black Women in the Engineering Field speak about their experience as Engineers	Engineering	Saturday, 9 October 2021	Camille Mitchell	Isabelle Fotsing Djouwe Theresa Nyabeze
13	Advocating for the Seniors	Too many seniors are being left behind - Discussions around how to continually support those who paved the way for us and can still be contributing members of their communities	Community Advocacy	Saturday, 16 October 2021	Vivienne Dickson	Lorna Looby-Crosse
14	Minding My Political Business	Understanding Politics and financial and socio economic impact on our lives	Politics & Government	Saturday, 23 October 2021	Patricia Mayaza Mwilu Marie-Antoinette Kumbakisaka	Adaoma Patterson Akosua Bonsu
15	Technology Gurus	Black women in the technology field and the difference they are making	Technology	Saturday, 30 October 2021	Rose-Ann Bailey	Denise Herrera-Jackson
16	Integrating into the Canadian Culture - The New Canadian Experience	The challenges and benefits from moving from one country to another	Culture	Saturday, 6 November 2021	Sarah Onyango	Karine Morin Yvette Yende-Ashiri
17	Educating during COVID-19	Panelists discuss the impact of learning for Black students during the pandemic	Education	Saturday, 13 November 2021	Alyson Renaldo	Thando Hyman Dr. Kimberly Tavares Dr. Camille Logan Dr. Delores Mullings
18	Legal Speak	Black Honourees speak to various aspects of the legal system in an attempt to help the Black community prepare themselves for the unknown	Legal	Saturday, 20 November 2021	Thora Espinet	Darlène Lozis Cheryl Blondell-King Karine Morin
19	Why do we need Etiquette?	Organizing events is exciting but is Etiquette important today?	Event Planning	Saturday, 27 November 2021	Dauna Jones-Simmonds	Joan Pierre Noreen Callender
20	Community Speaks	The Black Community pulls together to support and uplift Black work	Community Advocacy	Saturday, 4 December 2021	Candies Kotchapaw	Bernice Carnegie Nadia Thompson Marjorie Taylor
21	STEM - What you need to know	Women in the Science world and where it is going - is it motivating our young Black generation? What are we noticing?	Science	Saturday, 11 December 2021	Dr. Denise O'Neil Green	Dr. Eugenia Addy Dr. Emily Agard
22	We Wrote The Book	Women Authors share information on what inspired them to write their books	Authors	Saturday, 18 December 2021	Itah Sadu	Annie Kashamura Zawadi Dr. Lynn Jones
23	Trade Union of Every Kind	Women speak about their roles in the Union environment	Trade Union	Saturday, 1 January 2022	Jacqueline Dixon	Jan Simpson Lisa Skeete Dr. Gloria Small
24	Building Financial Literacy	Building your financial strength from a very young age - the potential impact	Finance	Saturday, 8 January 2022	Harriet Thornhill - Yes	Patricia Glouden Kares Clarke-Glasgow Christine Williams Gemma Raeburn-Baynes

25	Healthcare - Medicine	Black Women in the Medical Field share their Experiences	Healthcare	Saturday, 15 January 2022	Jacqueline Dixon	Dr. Juliet Daniel Dr. Evelyn Linda Maxwell Dr. Josephine Etowa
26	Building Your Career	Honourees discuss how they built their careers especially when the going was rough	Career	Saturday, 22 January 2022	Deborah Cherenfant	Beverley Rodrigues Karen Murray May-Marie Duwai-Sowa
27	Advocating for the Marginalized Youth	What supports are available for our younger generation	Community Advocacy	Saturday, 29 January 2022	Alyson Renaldo	Beverley Dixon Dr. Alana Butler Joy Bullen
28	Black Canadian History	Historians speak to history of those who came before us	History/Education	Saturday, 5 February 2022	Sarah Onyango	Kathy Grant Carolynn Wilson Linda McMurdy
29	Fighting Anti-Racism	Discuss the work that is being done to protect our youth against racism	Education	Saturday, 12 February 2022	Ginelle Skerritt	Valarie Steele Aina-Nia Ayo'dele
30	Diversity / Equity	Is discrimination alive and well?	Diversity /Equity	Saturday, 19 February 2022	Dr. Nancy Simms	Njeri Damali Sojourner-Campbell Tyjondah Kerr
31	Beauty is in the Eyes of the Beholder	Women in the Beauty field share their beauty tips	Beauty	Saturday, 26 February 2022	Kares Clarke-Glasgow	Lanre Tunji Ajayi Janet Campbell Brenda Williams
32	Coaching, Mentoring through Spirituality	Panelists discuss the impact of learning Panelists speak about the impact a coach can have on one's career	Coaching & Mentoring	Saturday, 5 March 2022	Gwyn Chapman	Sharon Joseph Marcia Brown Tanika Riley
33	Entrepreneurship - Building the Business	How Black Women are continuing to build their own businesses	Entrepreneurship	Saturday, 12 March 2022	Jacqueline Dixon	Cynthia Mufandaedza-Moyo Frances Delsol Dominique Dennery