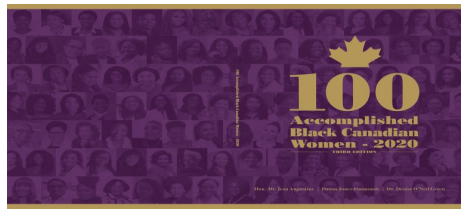




**CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE  
& DAUNA JONES-SIMMONDS (LEFT TO RIGHT)**



Reminder—FEBRUARY is



## 100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

#1

January 2021

**Congratulations to  
Extra-ordinary Women**

Dr. Jean Augustine. (Photograph by Kwaku Kufuor)



**This year's Maclean's Lifetime Achievement winner: Hon. Dr. Jean Augustine**

(excerpt taken from article written By Shannon Proudfoot -January 12, 2021)

The trailblazing MP came to Ottawa to make change where she knew it mattered. Over 13 years in federal politics, she paved the way for so many others. When Jean Augustine arrived on Parliament Hill to be sworn in as an MP representing Etobicoke-Lakeshore in 1993, she was accompanied by two busloads of supporters there to witness her oath. But she also brought along, and kept with her throughout her 13 years in federal politics, a much bigger, albeit invisible, contingent: students (especially those who really needed what school could offer them), women blazing difficult career trails, single mothers and Black Canadians. Those people she knew or had worked with or had been herself shaped the roadmap for what she worked to accomplish in the House of Commons.

"All the things that I'd been doing over the years, it seemed to me that resolutions to a lot of those situations had to be in the political arena," says this year's Lifetime Achievement recipient for the Maclean's Parliamentarian of the Year Awards. "That it was people in power places that were making decisions that affected the lives of so many."

She became an MP in her 50s, with a long career in education and community activism behind her, so she didn't arrive in Ottawa chasing cabinet positions, Augustine says, but rather looking to craft real change in small, focused areas where she knew it mattered.

From childhood on, Augustine was a natural teacher; growing up in Happy Hill, Grenada, every time she and her friends played school, she was the one brandishing the books and paper. After high school, she immigrated to Canada as a nanny through a Canada-Caribbean domestic work program, attended teachers college and taught for years before becoming an administrator. There followed stints on the Canadian Advisory Council on the Status of Women and as chair of the Metro Toronto Housing Authority, before she was elected as MP.

**A well-deserved recognition!!**



**Marcia Browne** was honoured and humbled to receive the "Nation Builder of the Year Award 2020" from the Empire Club of Canada on behalf of Trust 15 and community efforts. The Empire Club of Canada held a virtual award ceremony to honour Canada's front line workers and Trust 15.



### In This Issue...

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- ⇒ Job Opportunities at University of Windsor
- ⇒ New Date for 100 ABCWomen Book Launch & Gala—Sat. Sept 18, 2021
- ⇒ Just Cooking—Delicious!!! Corn Soup by Joan Pierre
- ⇒ RBC Platinum Sponsor; CIBC Gold Sponsor & GBKM - 2020 Book Launch and Gala—Thank !!
- ⇒ Official Book Launch & Gala —95% of tickets are sold!!
- ⇒ Buy Your Tickets for the Book Launch & Gala
- ⇒ Upcoming Events Calendar
- ⇒ Advertise with Us
- ⇒ How to Contact Us

2022 Nominations are open—  
click here to nominate an accomplished Black Canadian Woman: <https://www.100abcwomen.ca/>



**100 Accomplished Black Canadian Women — 2018**

**WAYS TO GET YOUR BOOK NOW:**

- ⇒ A Different Booklist— 779 Bathurst St., Toronto, Ontario
- ⇒ [www.Amazon.ca](https://www.Amazon.ca)
- ⇒ <https://www.100abcwomen.ca/how-to-get-your-book/>

### Quote of the Month:

**"Act Today to Impact Tomorrow! (My motto). Dare to act and believe in yourself always, because change begins with you".**

**Yvette Yende-Ashiri**

## Should There Be A Virtual Symposium & Book Launch Gala?



Is it still feasible for 100 ABCWOMEN to hold the SYMPOSIUM and the 2020 BOOK LAUNCH AND GALA as planned on September 2021?

The first Symposium was held in September 2020 and as a biennial event, the next one was planned for September 2022. The Book Launch & Gala was originally scheduled for September 2020, but due to the pandemic, was rescheduled for September 2021. This information serves as the baseline for what comes next.

The daily reports in Toronto regarding the status of COVID-19 in Ontario, reflect a year of affect – one day the numbers are up and the next they are down. The researchers at Women's College Hospital have noticed that although Black Canadians make up only 10% of the entire Canadian population (and we recognize Ontario is a big chunk of that), they have a 25% prevalence rate for COVID-19. It has been stated that many other countries with predominantly Black populations, the death rate from COVID has been lower than in 'developed' countries.

100 ABC Women has been monitoring the various information being presented globally on the status of COVID-19 and definitely more heavily on the Canadian front with razor focus on Ontario. Two of our honourees with medical expertise have been assisting us with assessing the situation in order to make informed decisions.

In addition to the measures (masks, gloves, washing hands, social/physical distancing) which have been in place since the epidemic of COVID-19 became on the scene, there has been a steady roll out of two or three vaccines. Given the announcement of some delays in shipments of promised vaccines, it is difficult for 100 ABC Women to make final arrangements for the September events at this time. We are going to report that various medical and new reports at the World Health Organization, and other medical planning events very challenging. It is hoped that by our April Newsletter, we will have a firm announcement of our scheduled events. Being cautious is our mantra over the next few months.

Thanks to the contributions of Dr. Karline Wilson-Mitchell & Dr. Anna Jarvis (shown here - left to right)



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Posthumously Speaking...  
The Rest of Her Story



the performing arts. She studied at the Ontario Conservatory of Music in Toronto and at the Ottawa College of Music.

In 1942, during the Second World War, she worked at the Dominion Bureau of Statistics in Ottawa where she met and married her husband George. It was in Ottawa where she began her career as a radio host with *'The Kathleen Livingstone Show'*. She later moved to Toronto where she continued this career hosting programs on several stations including the Canadian Broadcasting Corporation (CBC). She also became a leading amateur and professional actress.

In 1950, she joined a women's social club known as the Dilettantes. She quickly changed the name to the Canadian Negro Women's Association (CANENA). This organization was the forerunner of the First National Congress of Black Women.

In the last years of her life, Ms. Livingstone worked as a consultant to the Privy Council of Canada, travelling the country in preparation for a conference on 'visible minorities' in Canada (a term which she is credited with coining). She met Carrie Best on these travels. Ms. Best was influenced by her and upon Ms. Kate Livingstone's death in 1975, she formed the Kay Livingstone Visible Minority Women's Society in her honour - an organization which continues to provide educational funding for deserving youth. Today the Kay Livingstone Award is presented to Black women in Canada. The mandate is to improve the lives of other women of colour and their families. And now you know the rest of Her Story

Coming  
SOON



To get your tickets for the Book Launch & Gala, please click on the url link below:

**NEW DATE—SATURDAY, SEPTEMBER 18, 2021**

<https://www.100abcwomen.ca/product-category/2020-gala-tickets/>

**Contact Us**—Check out our website for more information:  
[www.100ABCWomen.ca](http://www.100ABCWomen.ca)

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Email address: [100abcwomew@gmail.com](mailto:100abcwomew@gmail.com)

Editors: Dauna Jones-Simmonds

thank  
you!

& Norma Wilson







**2020—3rd 100 ABCWomen Book Launch & Gala on Saturday, September 18, 2021. The event will be preceded by our Biennial Symposium on Friday, September 17, 2021—9:30 am to 2 :30 pm. Stay tuned for more details!**

**100 ABC Women**

**2022 Nomination Process is Open!**

<https://www.100abcwomen.ca/nomination-form-2022/>

PAN ARTS NETWORK & TORONTO ARTS COUNCIL

presents ...  
... "POWER TO TEACH" (pt. 1)

Virtual Webinar Steel PAN-DEMIC

When: Friday January 29, 2021

Time: 7:00 pm

Where: Streaming LIVE on Pan Arts Network YouTube and Facebook Channels.

Link: <https://www.youtube.com/watch?v=9u9jx4h1T>

Our Panel:

Sheila Kinsman, Sharon Clarke, Joe Colley, Garth Burgess, Al Foster & Andre Roux

Panel Discussion: Join our panel of steelpan educators as we discuss how to successfully navigate virtual learning and more!

Hosts: Wendy Jones & Earl La Pierre Jr. (Exec. Directors of Pan Arts Network)

Sponsored by the Toronto Arts Council



## Celebrations and Revelations 2021

Free online concert in celebration of Black History Month

Four talented young Black Canadian musicians continue the quest to introduce audiences everywhere to little-known Black classical composers from 17th to 21st century.



Presenting Sponsor



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Thanks to Our Sponsors  
2020 Sponsorship of the Book Launch and Gala



**Upcoming Events  
Calendar**

**Fireside Chats with 100 ABC Honourees starting March 2021**

## DATE CHANGE

2020 BOOK LAUNCH & GALA

**SATURDAY, SEPTEMBER 18, 2021**

WOODBINE BANQUET HALL

30 VICE REGENT BLVD

TORONTO

95% Tickets are already sold!

**YOU ARE ENCOURAGED TO  
RETAIN YOUR SEATS**

100 ABC Women made the important decision of rescheduling the 2020 Book Launch and Gala to Saturday, September 18, 2021—all details remain the same. The event will be preceded by a Symposium on Friday, September 17, 2021 from 8:30 am to 2:30 pm. More details to follow.

**Learn More About 2020 Honourees**

<https://www.100abcwomen.ca/2020-honourees/> We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

**Like and follow us on:**

**Facebook: 100ABC Women**

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- ✓ Career exposure and Internship opportunities.

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## Humber College International Women's Day 2021

### Virtual Forum

Saturday, March 6, 2021  
10:00 am to 11:30 am

### Theme: Lessons on Groundbreaking Leadership from Black Women

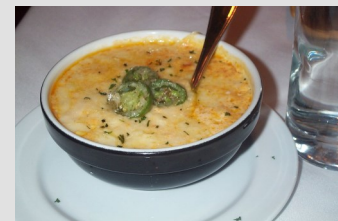
- ★ **Event Host: Dr. Gina Antonacci PhD**  
Associate Vice President Academic, Humber College
- ★ **Moderator: Sylvia Sweeney CM**  
Associate Dean, Film, Acting & Media Production, Faculty of Media and Creative Arts, Humber College
- ★ **Keynote: Dr. Njoki Wane PhD**  
Professor at the University of Toronto. She is currently serving as Chair in the Department of Social Justice Education at the Ontario Institute for Studies in Education (OISE).
- ★ **Panelists:**
- ★ **Senator Wanda Thomas Bernard PhD**  
First African Nova Scotian woman to be appointed to the Senate of Canada
- ★ **Celina Caesar-Chavannes MBA**  
Equity, Diversity and Inclusivity (EDI) Senior Advisor, Queens University
- ★ **Dr. Kathy Hogarth PhD**  
Associate Professor, University of Waterloo

Please register by visiting:  
<https://HumberWD2021.eventbrite.ca>

This document is available in an alternate format upon request

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making in their respective communities.

## 'TRINI' CORN SOUP



### Ingredients

- 6 Tbsp Margarine
- 1 1/2 Cups Split Peas
- 10 Cups Water
- 1 Medium Onion
- 3 Garlic Cloves
- 1 Chive Stalk
- 1 Celery Stalk
- 2 Pimento Peppers (Chopped) substitute 1 sweet pepper
- 1 Cup Carrots (Chopped into small pieces)
- 3 Ears of Corn (Cut into 1/4 inch Pieces)
- 2 Cup Pumpkin (Chopped in small pieces)
- 1 tsp Hot Pepper sauce (Optional)
- 1/2 cup Coconut Milk from the tin.
- Salt (To Taste)
- Dumplings - 1cup flour, 1/2 corn meal, 1/4 tsp salt, 1 tbsp sugar, 1tbsp margarine and water to make a soft dough.

### Directions

Wash split peas and soak overnight for faster prep. Alternatively, you can pressure cook the split peas for 15 minutes or place it in the dutch pot or soup pot to boil until is completely soft. (this can take three hours, so put it on low heat for that time, do not cover pot completely)

In a large, deep soup pot over medium high heat, melt 6 tablespoons of margarine. Add garlic, onion, pimentos (sweet peppers) and chive and saute for 5 minutes. Add all split peas, 1 cup carrots, 2 cups pumpkin, 4 cups of water and boil for 45 minutes.

Meanwhile, prepare dumplings. Knead cornmeal, flour, salt, sugar, margarine and water into a soft dough. Roll out into long strips and cut into 1/2 inch pieces. Set aside. (if you can't make dumplings, just add some quartered potatoes at the end.

After 15 minutes, remove soup base from the stove and allow to cool slightly, blend and puree until smooth, taste for salt. Return soup puree to the stove and add the remaining 6 cups of water, coconut milk and hot pepper and dumplings or (potatoes) Simmer on medium-low heat for 45 minutes or until corn is cooked and place potatoes in last. Stir occasionally. Serve hot.



**Joan Pierre**  
Event Planning Executive

**Quick and easy to prepare!  
Cooking—Delicious!!**