

CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE & DAUNA JONES-SIMMONDS

100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

October 2020

Frances-Anne Solomon Joins Oscars' Executive Committee



THE ACADEMY
OF MOTION PICTURE ARTS AND SCIENCES



Award-winning film director **Frances-Anne Solomon** will join the Directors' Branch Executive Committee of the Academy of Motion Picture Arts and Sciences that produces the annual Oscars.

Solomon received the invitation this week from Academy Governors Ava DuVernay, Rodrigo Garcia and Steven Spielberg, in an email that said "You were selected to serve because we and our branch members consider you to be a thoughtful, creative and innovative representative for the branch."

Solomon's *Hero: Inspired by the Extraordinary Life and Times of Mr. Uric Cross* opened this year's Pan African Film Festival in Los Angeles, winning the inaugural D'janet Feature Narrative Award, following a successful theatrical tour of the UK. **Frances-Anne is a 100 ABC Honouree!**



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- ⇒ New Date for 100 ABCWomen Book Launch & Gala—Sat. Sept 18, 2021
- ⇒ **Just Cooking—Delicious!!!** Sweet Corn Bread
- ⇒ RBC Platinum Sponsor; CIBC Gold Sponsor - 2020 Book Launch and Gala—**Thank You RBC & CIBC!!**
- ⇒ Official Book Launch & Gala —95% of tickets are sold!!
- ⇒ Buy Your Tickets for the Book Launch & Gala



100 Accomplished Black Canadian Women — 2018

WAYS TO GET YOUR BOOK NOW:

- ⇒ A Different Booklist— 779 Bathurst St., Toronto, Ontario
- ⇒ www.Amazon.ca
- ⇒ <https://www.100abcwomen.ca/how-to-get-your-book/>

Quote of the Month:

"Pursue life with the audacity of ambition, hope and love."

- Diane Walter

RECOGNITION & OPPORTUNITIES



JOIN US TODAY

AFRICAN, CARIBBEAN AND BLACK (ACB)

WOMEN'S SUPPORT GROUP

To register: email- info@ccfwe.org

To learn more: visit - www.ccfwe.org

WE WELCOME YOU TO JOIN OUR WEEKLY VIRTUAL WOMEN'S SUPPORT GROUP

Topics includes:

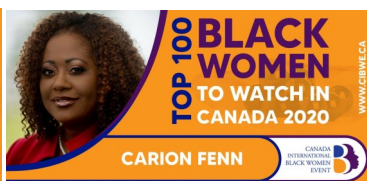
The Cycle of Economic Abuse, Entrepreneurship, Building Resilience, Wellness and Self Care, Healing, Recovery, Yoga and Meditation and so much more



CANADIAN CENTER
FOR WOMEN'S
EMPOWERMENT

CENTRE CANADIEN
POUR L'AUTONOMISATION
DES FEMMES

Congratulations!



Dr. Georgia Graham—Well deserved!

For the completion of her doctorate in Public Policy and Administration.



Marjorie R. Taylor received the Heritage Award from Samson Arega, Country Manager for Ethiopian Airlines, the Official Airline of the Afroglobal Television Excellence Awards program.

Contact Us—Check out our website for more information: www.100ABCWomen.ca

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V7

"Posthumously Speaking...." The Rest of Her Story



She was born in Jamaica in 1926 and was one of those rare gems you gravitated to once you got close to her. The community powerhouse died in 2017, two months after celebrating her 90th birthday in grand style at the Jamaican Canadian Association (JCA) Centre, her second home. Amid the city's first major snowfall nearly 250 guests from Canada, the United States and Jamaica braved the winter weather to share the special occasion with an extraordinary woman who impacted many lives.

Diversity and inclusion strategist Hamlin Grange, her step-son pointed out, "She has left an indelible imprint on the community in Toronto. I will remember her for her generosity of spirit and amazing sense of community. While her contributions to the many organizations and causes she was involved in, including playing Miss Santa Claus, may seem small, those were huge for the many people and kids she impacted. During her 90 years of living, she saw a lot and she was part of the migration of Caribbean women that came to Canada especially Toronto. I have a deep affection for her and everything she stood for."

A JCA member for over five decades, she was a recipient of the 2013 African-Canadian Achievement Award for Excellence in Community, served on almost every committee during the JCA's 55-year existence. She could be counted on to perform any organizational task, despite health challenges. She gave thousands of hours to the JCA, never seeking anything in return. She was just a selfless and positive person with a beautiful spirit. **And now you know the rest of Her Story! Posthumously Speaking.....Raphaelita Walker (1926-2017)**



She was called to the Alberta bar on June 2, 1954 and became the first Black female lawyer to practice law in Canada. Her admission made headlines in several local newspapers. Two Calgary publications described it as a milestone in Canadian history. She practised law in Calgary for several years. She worked at a firm headed by the Hon. A. Milton Harradence, QC, a Canadian criminal lawyer and later a judge of the Court of Appeal of Alberta. She spoke publicly about racism in the workplace at least once. In a speech delivered at the Beta Sigma Phi sorority banquet in Calgary in November 1955, she remarked, "It is too bad that a Japanese, Chinese or coloured girl has to outshine others to secure a position." She also described the challenges women had faced in the workforce to that point, and expressed hope that in the future, greater focus would be placed on a person's ability and less on one's race or gender.

**And now you know the rest of Her Story!
Posthumously Speaking.....Violet Pauline King (1929-1982)**

To get your tickets for the Book Launch & Gala, please click on the url link below:

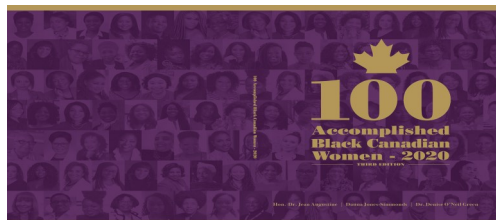
NEW DATE—SATURDAY, SEPTEMBER 18, 2021

<https://www.100abcwomen.ca/product-category/2020-gala-tickets/>

Editor: Dauna Jones-Simmonds

thank
you!





In the News!

<https://www.100abcwomen.ca/in-the-news/>



**2020—3rd 100 ABCWomen Book Launch
& Gala on Saturday, September 18, 2021
at Woodbine Banquet Hall, Toronto**

100 ABC Women

2022 Nomination Process is Open!

<https://www.100abcwomen.ca/nomination-form-2022/>

Hear from the Experts



**University
of Windsor**

The University of Windsor is a comprehensive, student-focused university with more than 16,000 students enrolled in a broad range of undergraduate and graduate programs including several professional schools such as: Law, Business, Engineering, Education, Nursing, Human Kinetics and Social Work. UWindsor has strong student-faculty relationships, exceptional award-winning faculty and innovative staff. With comparatively small class sizes and a comprehensive array of student services, clubs and associations, UWindsor provides students with a friendly and supportive learning environment. UWindsor's strategic plan has five priorities that directly impact it's students: providing an exceptional undergraduate experience; pursuing strengths in research and graduate education; recruiting and retaining the best faculty and staff; engaging and building the community through partnerships; and promoting international engagement. The university overlooks the Detroit River on one of Canada's most beautiful waterfronts and is minutes away from North America's busiest international border crossing. This location speaks to UWindsor's strength as an internationally oriented, multi-disciplined institution that actively enables a broad diversity of students, faculty and staff to make a better world through education, scholarship, research and engagement. The following positions are available. Please click on the links below to apply for the positions:

Dean, Faculty of Law - <https://leadersinternational.com/opportunity-university-windsor-deanfacultyoflaw/>

University of Windsor – Dean, Faculty of Human Kinetics - <https://leadersinternational.com/opportunity-university-windsor-deanfacultyofhumankinetics>

Thanks to Our Sponsors
2020 Sponsorship of the Book Launch and Gala



**Upcoming Events
Calendar**

DATE CHANGE

2020 BOOK LAUNCH & GALA
SATURDAY, SEPTEMBER 18, 2021
WOODBINE BANQUET HALL
30 VICE REGENT BLVD
TORONTO

95% Tickets are already sold!

**YOU ARE ENCOURAGED TO
RETAIN YOUR SEATS**

100 ABC Women has made the important decision of re-scheduling the 2020 Book Launch and Gala to Saturday, September 17, 2021—all details remain the same. The event will be preceded by a Symposium on Friday, September 17, 2021 from 8:30 am to 2:30 pm at the Woodbine Banquet Hall - 30 Vice Regent Blvd., Toronto

Learn More About 2020 Honourees

<https://www.100abcwomen.ca/2020-honourees/> We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

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Minding My Business Series

(By permission) Excerpts of an article written By Ayah Victoria McKhail

in the Chronical Herald Newspaper



A lawyer, social justice advocate and consultant, Angela Simmonds (born in Mississauga and raised in Cherry Brook, Nova Scotia) is an ardent proponent of human rights. Raised in Cherry Brook, one of Canada's most historic Black communities on the outskirts of Halifax, discrimination has had a profound effect on her life. "As a Black woman, I've always been aware of the entrenched structural inequities and anti-Black racism in this province, which continue to impact racialized people globally," she says.



Speaking out became critical when her three children started school. "I had to be their voice to ensure they were treated fairly; I had to be a role model and use my voice to address their mistreatment." Frustrated by the inequalities embedded by systemic racism in the education system, her motivation to pursue law in school was to hold it accountable.

Having held two roles in Halifax schools as an African Nova Scotian student support worker and community outreach worker, she was keenly aware of the obstacles facing students from mar-

ginalized communities and the socio-economic conditions that disproportionately affect African Nova Scotian students and their learning outcomes.

While the education system was just one area in need of an overhaul, there were countless more. Eager to be at the forefront of change, she found her calling, graduating with a doctor of law (JDLaw) from the Schulich School of Law at Dalhousie University in 2017. In addition to being the manager of equity and access to justice at the Nova Scotia Barristers' Society where she oversees numerous initiatives, it's her long-standing commitment to African Nova Scotian issues where her voice reverberates.

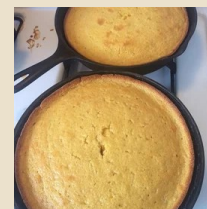
Angela is receiving recognition for the difference she's making. This year, she was selected as one of the most accomplished Black Canadian women for the 100 ABC Women list. And for her advocacy on property ownership and the LTCA, in 2018, she won the Canadian Association of Black Lawyers' Pathfinder award, and in 2017 she was the recipient of the Burnley "Rocky" Jones Human Rights award, and the co-recipient of the Judge Corrine Sparks award.

Simmonds is inspired by people who challenge unjust systems, hold institutions to account, and are unapologetic for their willingness to do so. And just as her parents illuminated her path, she seeks to do the same for her family, reminding them to never forget their roots.

As for the future, Simmonds believes we all have a purpose, and an opportunity to effect change. "I've always wanted to create a platform where people – in particular young people – know there's power in their voice. My focus will remain on ensuring equality for the Black, Indigenous and People of Colour (BIPOC) community, with a particular passion and commitment to African Nova Scotian issues."

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making in their respective communities.

Sweet Cornbread



Ingredients

- ⇒ 1 cup all-purpose flour
- ⇒ 1 cup yellow cornmeal
- ⇒ 2/3 cup white sugar
- ⇒ 1 teaspoon salt
- ⇒ 3 ½ teaspoons baking powder
- ⇒ 1 egg
- ⇒ 1 cup milk
- ⇒ 1/3 cup vegetable oil

Directions

Step 1 – Preheat oven to 400 degrees F or 200 degrees C. Spray or lightly grease a nine-inch round cake pan

Step 2 – In a large bowl, combine flour, cornmeal, sugar, salt and baking powder. Stir in egg, milk and vegetable oil until well combined. Pour batter in prepared pan. If you have lactose intolerance, substitute with lactose-free milk, such as Almond Milk.

Step 3 – Bake in preheated oven for 20 to 25 minutes, or until a toothpick or cake tester inserted into the centre of the loaf, comes out clean

Prep: 10 mins

Cook: 25 mins

Total: 35 mins

Servings: 12

Yield: 1 - 9 inch round pan

**Quick and easy to prepare!
Cooking—Delicious!!**