



CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE & DAUNA JONES-SIMMONDS



100 ACCOMPLISHED BLACK CANADIAN WOMEN

100ABCWomen Update #7

August 2019

2019 Inaugural (Biennial) Symposium
 Friday, September 27, 2019 - 7:30 am until 3:30 pm - Woodbine Banquet Hall - 30 Vice Regent Blvd. Toronto
 Accomplished Black Role Models share their leadership experience & knowledge
"Pathways to Exceptional Leadership"

8:00 am - Blazing the Trail - Experiences in Government - Leading and Resisting
 Hon. Dr. Jean Augustine, MPP Zanana Akande
 Moderator: Jacqueline Dixon

9:00 am - Experiences in Leading: Civic Engagement & Education/Immigration & Integration
 Dr. Andrea Davis, Sarah Onyango
 Moderator: Ginnelle Skerritt

10:30 am - Designing our legacy - Passing the Baton
 Emily Mills, Dr. Kim Tavares, Dr. Enid Lee
 Moderator: Dr. Denise O'Neil Green

12:00 pm How the Government Addresses Anti-Black Racism
 Luncheon Speaker: Aine Nio Ayo'Dele

1:00 pm - Black Women's Health Issues: Mental Illness and Cancer Awareness
 Dr. Juliet Daniel, Floydene Charles-Fridal, Dr. Aisha Lofters
 Moderator: Delores Lawrence

2:00 pm - Greetings From the City of Toronto
 Omo Akintan

2:30 pm - Where Do We Go From Here?
 Closing Speaker: Dr. Camille Logan

3:15 pm Heritage Singers

Contact us at 100abcwomen@gmail.com
 Co-Hosts: Dauna Jones-Simmonds & Alyson Renaldo
 Cost: \$100/person
 Register now - Tickets are limited
 Click on the link below:
<https://www.100abcwomen.ca/2019-symposium/>

Special To Our Partners:

The City of Toronto—OABR Unit & CIBC



Although this is called a Flyer, it provides more information than a normal flyer would. This portrays a graphic representation of the: The 100ABCWOMEN "2019 Inaugural (Biennial) Symposium" entitled **"PATHWAYS TO EXCEPTIONAL LEADERSHIP"** that will be held on September 27, 2019. The topics for panel discussion were very carefully chosen, based on the myriad of events/news being reported daily on the various networks and/ being talked about frequently in our everyday lives. The Panelists, Moderators and Speakers were for the most part selected from the database from our 100ABCWOMEN for 2016 and 2018. These Honourees reflected proficiency and knowledge of the chosen topics.

In addition, the graphics also display the two hosts of the Symposium, Organizations who have very generously partnered with us, the Heritage Singers who will close the event with song, plus other details like the time of the Symposium and relevant logos.

This flyer demonstrates the salient part of the TALE behind the Symposium. It really stands alone as a tool to promote sales. A list of the names of the 100 ABC HONOUREES participating in the SYMPOSIUM may be found on page 2 of this Newsletter under the heading "It's All About Progress!".

In This Issue

- 100ABCWomen Symposium—An Event You Cannot Miss!
- As a Matter of Black Facts!
- Congratulations are in Order! Honourees
- 100ABCWomen Continue to Spread Their Wings
- Post Your Career Opportunities
- News You Should Use—Dr. Rita Cox Receives Caribbean Tourism Organization (CTO) Lifetime Achievement Award
- Upcoming Events Calendar
- History in the Making—100ABCWomen Fulfilling its Promise

100 Accomplished Black Canadian Women — 2018



WAYS TO GET YOUR BOOK NOW:

- ◇ **A Different Booklist— 779 Bathurst St., Toronto, Ontario**
- ◇ **www.Amazon .ca**

<https://www.100abcwomen.ca/how-to-get-your-book/>

Quote of the Month

"Dream Big. Imagine a better world, a better future. Then set to work to make your dreams a reality".

-Dr. Andrea Davis

It's All About Progress! Well done

100ABC Honourees!

The Following 100ABC Women will present their accomplishments and expertise at the 100ABCWomen Symposium on September 27, 2019

- ◆ **Zanana Akande MPP**, First Black Female at the Provincial level. Co-Founder of Tiger Lily, a newspaper magazine that gives voice to the perspective of women of colour.
- ◆ **Hon. Dr. Jean Augustine MP**, First Black Female Representative at the Federal level.
- ◆ **Aina-Nia Ayo'dele**, Manager, City of Toronto, Confronting Anti-Black Racism (CABR) Unit
- ◆ **Floyddean Charles-Fridal**, A Change Agent who has been involved in the Black Health Alliance for many years
- ◆ **Dr. Juliet Daniel**, Professor, Cancer Biologist at McMaster University.
- ◆ **Dr. Andrea Davis**, Professor, Faculty of Education, York University
- ◆ **Jacqueline Dixon**, Certified Sales Professional, Trainer, Radio Host and Professional Speaker
- ◆ **Delores Lawrence**, Founder, President & CEO of Nursing and Homemakers INC. (NHI)
- ◆ **Dr. Enid Lee**, Front-Line Educator, Writer, Speaker and Community Builder
- ◆ **Dr. Camille Logan**, Superintendent of Schools, York Region District School Board
- ◆ **Emily Mills**, Founder of "How She Hustles".—An Award-Winning Senior Communicator and Public Speaker
- ◆ **Dr. Denise O'Neil Green**, Vice President - Equity, Diversity and Inclusion at Ryerson University
- ◆ **Sarah Onyango**, Host/Producer - CHUO 89.1 FM Rogers TV
- ◆ **Ginelle Skerritt**, Executive Director, Warden Woods Community Centre
- ◆ **Dr. Kim Tavares**, Education Officer, Ontario Ministry of Education.

Thank You!

Contact Us

Check our website for more information:

www.100ABCWomen.ca

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V7

Email address: 100abcwomen@gmail.com



Congratulations are in Order!

Dr. Rita Cox

"NEWS YOU SHOULD USE"

100ABCWOMEN HONOREE RECEIVES CARIBBEAN TOURISM ORGANIZATION (CTO) LIFETIME ACHIEVEMENT AWARD

The Barbados-based Caribbean Tourism Organization (CTO) announced that it will honour Trinidad and Tobago-born storyteller and Canadian 'icon' Dr. Rita Cox, with its Lifetime Achievement Award on August 22, during the CTO Media Day luncheon. A Librarian by profession, she is a "renowned storyteller and an admired leader in the community", the CTO noted.

She joined the Toronto public library as a Children's Librarian in 1960 and in 1972, became the head of the Parkdale branch, where she launched literacy programmes and other initiatives that promoted multiculturalism throughout Toronto. During her tenure, she pioneered the library's "Black Heritage and West Indian Resource Collection", which was renamed in 1998 to the "Black and Caribbean Heritage Collection". It soon became one of the most comprehensive collections of its kind in Canada and today, continues to be a source of pride for the community.

"The Caribbean Tourism Organization appreciates Rita Cox's passion for promoting Caribbean heritage, through the collection she developed for the Toronto Public Library, as well as her storytelling events that pass our history on to the next generation," said Sylma Brown, Director of CTO-USA. "Her commitment to preserving Caribbean culture and dedication to keeping the region at the forefront of Canadian society, over decades, is the reason we are honouring her with the Lifetime Achievement Award," Brown added.

After her retirement from the Toronto Public Library in 1995, Cox was appointed a Citizen Court Judge by the Government of Canada. She won numerous awards, including the Canadian Library Association's Public Service Award and the Lifetime Achievement Award from the African Canadian Achievement Awards. In 1997, she was appointed a Member of the Order of Canada for her outstanding work in storytelling and literacy. Wilfrid Laurier and York Universities have awarded her Honorary Doctorate Degrees.

thank you!

Editors: Dauna Jones-Simmonds & Norma Wilson



In the News!

<https://www.100abcwomen.ca/in-the-news/>



2020—3rd edition of 100 ABCWomen Book Launch & Gala on Saturday, September 26, 2020 at Woodbine Banquet Hall, Toronto

2020 Nomination Are Opens

<https://www.100abcwomen.ca/nomination-form-2020/>

Deadline—September 1, 2019

Career Opportunities

Opportunities at City of Toronto—Click on the link to learn more about positions.

<https://www.brainhunter.com/frontoffice/seekerViewJobDetailAction.do?sitecode=pl389&jobId=2323607&page=search&external>

Job Opportunities at Eli Lilly—Check them out at : www.lilly.ca

send resumes directly to Remat Majid at majid_remat@network.lilly.com Reference Dauna Jones-Simmonds

City of Toronto—Blacks on Board Project—Please apply—www.toronto.ca/ServeYourCity—Lots of Board Opportunities available

Please send your career opportunities that you want posted on our website to:

100abcwomen@gmail.com.



2019

Upcoming Events Calendar

<https://www.100abcwomen.ca/events/2019-02/>

- ♦ 100ABCWomen Nominations are open—click on the link to nominate an Accomplished Black Canadian Woman - <https://www.100abcwomen.ca/nomination-form-2020/>

- ♦ Nomination Deadline—September 1, 2019.

REGISTER NOW!!!

<https://www.eventbee.com/v/100abcwomen-2019-symposium#/tickets>

“100 ABCWOMEN -Pathways to Exceptional Leadership”

(BIENNIAL) SYMPOSIUM

Friday, September 27, 2019

7:30 am to 3:30 pm

Woodbine Banquet Hall—South Hall

30 Vice Regent Blvd, Toronto

This is an intergenerational event you cannot miss! Learn from our Exceptional Leaders!!!

Please feel free to share with your social network

100ABC Women Continue to Spread Their Wings!

Three of our 100 ABC Honourees accepted invitations to participate at a conference - MY LABOUR OUR FUTURE- which was organized by the Atkinson Foundation and held in Montreal, Quebec, on August 14 to 16, 2019. The Atkinson Foundation is a Canadian charitable foundation that has been fighting for and supporting efforts to modernize Employment Standards and Labour Relations for more than 75 years. It also spans four generations in the "decent" work movement, reflects Canada's diversity and is a collective voice for its future. Here is some information about the ABC Honourees who participated:



ZANANA AKANDE, former MPP, was elected to the Ontario Legislator in 1990. When she was appointed as Minister of Community and Social Services, she became the first Black woman to hold a Cabinet position in Ontario. A New Democratic Minister of the Legislative Assembly from 1990 to 1994, she represented the downtown riding of St. Andrew-St. Patrick. After leaving politics, Zanana served as President of the Urban Alliance on Race Relations, Canadian Alliance of Black Educators and Toronto Child Abuse Centre. She has been the recipient of many Awards and Medals, being recognized for her commitment to education and community.



JANICE GAIREY's history is entrenched in working with the communities of colour and comes from her father, the late Desmond Davis, who was a pivotal member of the Black Sleeping Car Porters, together with Stan Grizzle and the late Harry Gairey. Janice has amassed over fifty years as a social justice advocate. She started her career as an Educational Assistant and quickly moved up in her union's ranks, becoming Vice-President of CUPERTINO 1874. She worked with several unions and the Ontario Federation of Labour, where she served as the Human Rights Director from 2007 until she retired. Janice continues her organizing work today with the African-Canadian Legal Clinic and Black Lives Matter. She also serves on the Executive of the Congress of Union Retirees of Canada.



DR. LYNN JONES is a proud African-Canadian born and raised in Truro, Nova Scotia. Her roots span several generations, making her one of several indigenous African Nova Scotians. She was a Federal Public Service employee for over 30 years and has extensive experience in the Labour Movement: this includes being the first Black General Vice-President of the Canadian Labour Congress (CLC) and National Vice-President of the Canada Employment and Immigration Union. One of Lynn's areas of concern has been environmental racism. In 1995, as Vice-President of CLC, she pushed for a chapter on this crucial topic in the first and only National anti-racism report of unions and their communities in Canada. Lynn recently donated over 50 years of personal archival material on the Black, local, national and international community to the St. Mary's University Library and Archives where it is now housed as the Lynn Jones African Canadian Diaspora Heritage Collection. In 2016, Lynn was recognized with an Honourary Doctorate from Arcadia University.

Love to Cook?

Norma's

SOY-MAPLE GLAZED SALMON

INGREDIENTS

4 (6-7 oz) Salmon fillets
1/3 cup pure maple syrup
3 tbsp soy sauce
2 gloves garlic minced
Freshly ground pepper (optional)
Chopped green onions (optional)
Salt (optional) remember soy sauce is salty

INSTRUCTIONS

Whisk together, maple syrup, soy sauce and garlic in a bowl.
Place salmon into a baking dish. Pour maple syrup mixture evenly over the salmon. Cover and refrigerate for 30 minutes, carefully rotating salmon once halfway through.
Preheat oven to 400 degrees during the last 10 minutes of marinating the salmon.
Transfer salmon onto a greased baking sheet. Do not discard any leftover marinade.
Bake for 15 minutes or sooner, depending on the thickness of the salmon.
While the salmon bakes, pour any leftover marinade into a sauce pan, simmer until mixture is heated
When the salmon is done, drizzle the heated marinade on the salmon, add black pepper, chopped green onions and salt, if desired.

TIP: Serve with brown rice and steamed vegetables

Advertise with Us!

100ABC Women is committed to recognizing and documenting the accomplishments of Black Canadian Women. All Honourees are encouraged to share their accomplishments so that our readers can appreciate the difference they are making in their respective communities