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100 ACCOMPLISHED BLACK CANADIAN WOMEN

100ABCWomen Update #6—Special July 2019

100 Accomplished Black Canadian Women (100ABCWomen) - Our History and how we are Making a Difference



100ABCWOMEN LOGO AND ITS MEANING

The 100ABCWOMEN organization has now added an enhanced **LOGO** to provide a distinct symbol that enhances the name of the organization. People are more likely to recognize and remember the organization particularly if the LOGO is informative. The 100ABC WOMEN organization created a circular **LOGO** to represent community, commitment, infinity, inclusion and unity.

The circle is etched in gold that projects courage, success and illuminates the path towards satisfying the Organization's mission of recognizing, documenting and celebrating accomplishments. The circle is filled in with black that speaks to the Honourees—Black Women who carry a baton that shines and must be graciously passed on to another generation of accomplished leaders.

The Canadian flag is the lead symbol within the circle followed by the title of the Organization (100 Accomplished Canadian (ABC) Women) in gold letters. The accomplishments of these women will be documented in Canadian History. The objective of this design is to think of the LOGO as the face of the organization which is synonymous with being distinguished and accomplished. It's a proud symbol of the strength of Accomplished Black Canadian Women.

In This Issue

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100 Accomplished Black Canadian Women — 2018



WAYS TO GET YOUR BOOK NOW:

- ♦ *A Different Booklist*— 779 Bathurst St., Toronto, Ontario
- ♦ [www.Amazon .ca](http://www.Amazon.ca)

<https://www.100abcwomen.ca/how-to-get-your-book/>

Quote of the Month

"Far more can be realized quicker by listening instead of speaking."

-Aina-Nia Ayo'dele

It's All About Progress! Well done

100ABC Honourees!

The following 100ABC Honourees have committed their time to participate in the 2019 Biennial Symposium on Friday, September 27, 2019.

"Pathways to Exceptional Leadership"

- ♦ Zanana Akande MPP, First Black Female at the Provincial level. Co-Founder of Tiger Lily, a newspaper magazine that gives voice to the perspective of women of colour.
- ♦ Hon. Dr. Jean Augustine M.P. First Black Woman Representative at the Federal level.
- ♦ Aina-Nia Ayo'dele, Manager, City of Toronto, Confronting Anti-Black Racism (CABR) Unit
- ♦ Floydeen Charles-Fridal, A Change Agent who has been involved in the Black Health Alliance for many years
- ♦ Dr. Juliet Daniel, Professor, Cancer Biologist at McMaster University.
- ♦ Dr. Andrea Davis, Professor, Faculty of Education, York University
- ♦ Jacqueline Dixon, Certified Sales Professional, Trainer, Radio Host and Professional Speaker
- ♦ Delores Lawrence, Founder, President & CEO of Nursing and Homemakers INC. (NHI)
- ♦ Dr. Enid Lee, Front-Line Educator, Writer, Speaker and Community Builder
- ♦ Dr. Camille Logan, Superintendent of Schools, York Region District School Board
- ♦ Emily Mills, Founder of "How She Hustles".—An Award-Winning Senior Communicator and Public Speaker
- ♦ Dr. Denise O'Neil Green, Vice President Equity, Diversity and Inclusion at Ryerson University
- ♦ Sarah Onyango, Host/Producer - CHUO 89.1 FM Rogers TV
- ♦ Ginelle Skerritt., Executive Director, Warden Woods Community Centre
- ♦ Dr. Kim Tavares., Education Officer, Ontario Ministry of Education.

Thank You!

Contact Us

Check our website for more information:

www.100ABCWomen.ca

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V7

Email address: 100abcwomen@gmail.com

Congratulations are in



Denise Cole—newly appointed Deputy Minister of Seniors & Accessibility

"NEWS YOU SHOULD USE"

100ABCWOMEN'S CONTINUED MISSION

Here is a reminder of what the mission of the 100ABC WOMEN organization is. It was developed in 2015, and over the past three plus years the focus on that mission has only strengthened. We continue to:

- ⇒ Highlight, document and make visible, the accomplishments of Black Canadian women within the financial, legal, real estate, health, education, academic, entertainment and fine arts realms, as well as posthumous heroes
- ⇒ Support the social, educational, political and professional advancement and contributions made to the country
- ⇒ Build a publication that did not exist, but needed to fill a void
- ⇒ Establish and build a database of Accomplished Black Canadian Women for publications and generations to come

Jamaican Men's Ice Hockey Team Set to Compete in Coral Springs

From Bobsleds to Blades Jamaican Men's Olympic Ice Hockey Federation at AmeriGol Latam Cup 2019, Coral Springs

CORAL SPRINGS – For the first time in Jamaica's history, the country will have a Senior Men's ice hockey team to compete for the [AmeriGol-Latam Cup](#) in Coral Springs September 6-8 2019.

thank you!

Editors: Dauna Jones-Simmonds & Norma Wilson



In the News!

<https://www.100abcwomen.ca/in-the-news/>



2020—3rd edition of 100 ABCWomen Book Launch & Gala on Saturday, September 26, 2020 at Woodbine Banquet Hall, Toronto

2020 Nomination Are Opens

<https://www.100abcwomen.ca/nomination-form-2020/>

Deadline—August 31, 2019

Career Opportunities

Opportunities at City of Toronto—Click on the link to learn more about positions.

<https://www.brainhunter.com/frontoffice/seekerViewJobDetailAction.do?sitecode=pl389&jobId=2323607&page=search&external>

Job Opportunities at Eli Lilly—Check them out at : www.lilly.ca

send resumes directly to Remat Majid at majid_remat@network.lilly.com . Reference Dauna Jones-Simmonds

City of Toronto—Blacks on Board Project—Please apply—www.toronto.ca/ServeYourCity—Lots of Board Opportunities available

Please send your career opportunities that you want posted on our website to:

100abcwomen@gmail.com.



2019

Upcoming Events

Calendar

<https://www.100abcwomen.ca/events/2019-02/>

- ♦ 100ABCWomen—Project Launch —July 2019
- ♦ 100ABCWomen Nominations are open—click on the link to nominate an Accomplished Black Canadian Woman - <https://www.100abcwomen.ca/nomination-form-2020/>
- ♦ Nomination Deadline—August 31, 2019.

SAVE THE DATE!!!

“100 ABCWOMEN -Pathways to Exceptional Leadership”

(BIENNIAL) SYMPOSIUM

Friday, September 27, 2019

7:30 am to 3:30 pm

Woodbine Banquet Hall—South Hall

30 Vice Regent Blvd, Toronto

This is an intergenerational event you cannot miss! Learn from our Exceptional Leaders!!!
Registration begins August 1st

100ABCWOMEN IS FULFILLING ITS PROMISE...

WHAT WE HAVE DONE, ARE DOING AND PLAN TO DO

- ♦ *We satisfied our series of 'coffee chats' in 2015, by launching the first publication—100 Accomplished Black Canadian Women - 2016 at a Gala held on June 16, 2016. The Lieutenant Governor of Ontario, Elizabeth Dowdeswell along with 750 guests were in attendance.*
- ♦ *Over 1000 copies of this first publication have been circulated to date. Copies are available in print and digital format at www.Amazon.ca and *A Different Booklist*.*
- ♦ *By public demand and a deep urge from the co-authors to satisfy that demand, a second edition of 100 Accomplished Black Canadian Women - 2018 was launched at a Gala held on September 15, 2018. Over 1400 copies of the publication have been circulated and are available in print, and digital format at www.Amazon.ca and *A Different Booklist*.*
- ♦ *Since January, 2019, the 100ABC Women organization keeps the 2016 and 2018 Honourees in the public's eye by publishing a monthly Newsletter to report various activities that the Honourees are involved in plus any achievements they may have added to their portfolios.*
- ♦ *The Organization continues to plan events to achieve the stated mission and vision. This year, in partnership with the City of Toronto and CIBC, we will be holding a Symposium, entitled "*Pathways to Exceptional Leadership*" on September 27, 2019.*
- ♦ *The primary goal of the Symposium is to showcase the leadership skills of the 100ABC Honourees. Critical issues that impact our community will be discussed. We hope the event will inspire Black Women with the feeling of empowerment to become leaders and mentors.*

Love to Cook?

Norma's

MEDITERRANEAN CHICK PEA SALAD

INGREDIENTS

- ♦ 1 can (15oz) Chick Peas, drained and rinsed
- ♦ 3 plum tomatoes chopped
- ♦ 2 roasted red peppers chopped
- ♦ 1/2 small red onion, quartered and thinly sliced
- ♦ 1/2 cucumber, peeled, halved, seeded and chopped
- ♦ 2 tbs. chopped parsley
- ♦ 1 tbs. minced garlic
- ♦ 3 tbs. lemon juice
- ♦ 1 tbs. olive oil
- ♦ 6 tbs. feta cheese
- ♦ Salt and pepper to taste

PREPARATION

1. In a large bowl, combine the ingredients except the Feta Cheese.
2. Toss to coat well. Let stand for at least 15 minutes to allow flavours to blend.
3. Top salad with feta cheese for a cheesy and tangy note. Serves 8.

Advertise with Us!

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All Honourees are encouraged to share their accomplishments so that our readers can appreciate the difference they are making in their respective communities